



Communication—COVID-19 Staff Hotline for Coping & Support

Updated: October 5, 2020

This free hotline is open to any staff **to schedule a 20-minute coaching call**. A professionally trained coach will listen to a caller's concerns and help them create a coping roadmap to make healthy choices. Call content will be kept confidential and not shared with employers or funders. The project is funded by LeadingAge MN Foundation (LAMF) through a statewide grant from the Minnesota Department of Human Services. This service is available through June, 2021.

If you need assistance, contact Terri Foley, LeadingAge MN Foundation Program Officer at 651-815-8137 or tfoley@leadingagemn.org

TOOLS FOR STAFF COMMUNICATIONS

- [Staff Hotline Flyer](#)
- [Staff Hotline Poster: 8" x 11" size](#)
- [Staff Hotline Small Poster: 5" x 7" size \(example below\)](#)
- [Staff Hotline Email to Staff and Intranet Ad](#)

Covid-19 Coping and Support Hotline For All Staff

**FREE
CONFIDENTIAL
CONVENIENT**

For a 20-minute coaching session on coping with stress in your work or personal life during Covid-19 schedule a private call with a trained coach.

612-455-8656
or
covidsupport@acp-mn.com

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