

IMPROVING BEHAVIORAL HEALTH CARE IN OLDER ADULT SERVICES

December 5 • December 14
January 16 • January 25 • January 30



ABOUT THE SERIES

As the number of older persons with mental illness rises, so do the expectations that they receive care to address their unique health needs. The Centers for Medicare and Medicaid Services (CMS) has new mandates for care centers under Phase 2 of the Requirements of Participation to drastically improve behavioral health care. Both federal and state regulators are requiring that assisted living settings provide person-centered care – which also includes individuals who live with mental illness. Adult day programs serve individuals who need behavioral health care and whose family members/care partners have increased expectations that those be met by providers.

This series of webinars is designed to develop your staff's understanding of behavioral health care and equip them with the tools and knowledge necessary to support persons with mental illness.

SUGGESTED AUDIENCE

Staff in care center, assisted living and adult day programs

- Administrators
- Housing Managers
- LTC Directors of Nursing
- Assisted Living Home Care Nurse Managers
- Adult Day Program Directors
- Social Workers
- Therapeutic Recreation/Activity Professionals
- Other interested staff

HOW TO EARN A CERTIFICATE OF COMPLETION FOR THE SERIES

Each webinar includes a set of questions throughout the broadcast for one person's response. Participation will be recorded and noted. Individuals who successfully participate in each of the five webinars will receive a certificate of completion for the series. The certificate does not designate competency in behavioral health, but instead serves as a foundation of knowledge of key concepts and best practices for serving and caring for persons with mental illnesses.

CEUS

Each webinar has been designed to meet the continuing education criteria of the Minnesota Board of Nursing. Application is being made to the Minnesota Board of Examiners for Nursing Home Administrators for clock hour credits. LeadingAge Minnesota is an approved provider by the Minnesota Board of Social Work. General certificates of attendance will be issued, provided the CEU requirements are met and can be used by individuals to submit their own request for approval.

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IMPROVING BEHAVIORAL HEALTH CARE IN OLDER ADULT SERVICES

A five-part webinar series

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Associated
Clinic of
Psychology

LeadingAge™
Minnesota

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**Module #1 – OVERVIEW: The Continuum of Mental
Illness in Older Adults/Philosophy of Care**
Tuesday, December 5, 2017, Noon – 1:15 p.m.

Module #2 – Personality Disorders
Thursday, December 14, 2017, 2 – 3 p.m.

Module #3 – Mood Disorders
Tuesday, January 16, 2018, 2 – 3 p.m.

**Module #4 – Chemical Health Issues Co-Occurring with
Depression and Personality Disorders**
Thursday, January 25, 2018, Noon – 1 p.m.

**Module #5 – Appropriate Use of Medications for
Treating Mental Illness**
Tuesday, January 30, 2018, Noon – 1 p.m.

Module #1 – OVERVIEW: The Continuum of Mental Illness in Older Adults/Philosophy of Care

Tuesday, December 5, 2017, Noon – 1:15 p.m.

- Become familiar with the continuum of mental illness most frequently present in older adults in care centers, assisted living and adult day programs. This includes adjustment reactions, mood disorders, thought disorders, personality disorders and chemical health.
- Learn how these most frequent forms of mental illness tend to present themselves in the behaviors of older adults so you have a clearer understanding of what's behind them.
- Describe some essential strategies you can use right away to care for persons with a mental illness and to address challenging behaviors when they arise.
- Identify critical information you need to gather from referral sources that will provide clues to or a diagnosis of a mental illness, so you know who's coming to live in or be served in your setting.
- Recognize that an effective behavioral health program requires a significant change in philosophy of care and what your organization can do to adopt these new approaches.

John Brose, Ph.D., LP, LMFT, LADC and Director, Associated Clinic of Psychology, Minneapolis

Module #2 – Personality Disorders

Thursday, December 14, 2017, 2 – 3 p.m.

- Define what a personality disorder is and how it differs from persons who have a more “solid” or “dense” personality.
- Understand the prevalence of personality disorders in the older adult population you serve so you can anticipate the scale of responses and care that may be required.
- Discuss common symptoms of personality disorders to better address the behaviors that are likely to be present with them.
- Explore effective non-pharmacological approaches to treatment of personality disorders that help individuals address the realities of living and being served in congregate settings.

John Brose, Ph.D., LP, LMFT, LADC and Director, Associated Clinic of Psychology, Minneapolis

Module #3 – Mood Disorders

Tuesday, January 16, 2018, 2 – 3 p.m.

- Define a mood disorder, comparing and contrasting it to personality disorders, so you can better recognize when one is present.
- Understand the prevalence of mood disorders in older adults in care centers, assisted living and adult day settings.
- Understand how the various mood disorders are treated both pharmacologically and non-pharmacologically.
- Discuss the levels of non-pharmacological interventions for mood disorders your staff can pursue to support the person.

John Brose, Ph.D., LP, LMFT, LADC and Director, Associated Clinic of Psychology, Minneapolis

Module #4 – Chemical Health Issues Co-Occurring with Depression and Personality Disorders

Thursday, January 25, 2018, Noon – 1 p.m.

- Recognize that the current opioid crisis extends to older adult services settings and what you as a provider need to be aware of.
- Know what to look for when dealing with residents/clients who suffer from chronic pain to avoid opioid addiction.
- Discuss the challenges and approaches to caring for persons who are dealing with both substance abuse issues and depression and/or personality disorders.
- Learn how to conduct an effective room check to identify if various substances are present and need to be removed or addressed.
- Appreciate the fact that a high percentage of older adults can recover from substance abuse, often without formal outside treatment programs, and discover what you can do to help them succeed.

John Brose, Ph.D., LP, LMFT, LADC and Director, Associated Clinic of Psychology, Minneapolis

Module #5 – Appropriate Use of Medications for Treating Mental Illness

Tuesday, January 30, 2018, Noon – 1 p.m.

- Learn about the various categories of medications and the mental illnesses they are designed to treat so that you have a basic understanding of current prescribing practices.
- Discuss when it is most appropriate to treat a mental illness with medication versus therapy or other non-pharmacological approaches.
- Know what questions you should be asking prescribers to get the best care for their residents/clients – such as the minimum effective dose, the target symptoms and what you want them to be, etc.
- Receive best practices for regular and periodic evaluation of medications used for behavioral health purposes.

John Brose, Ph.D., LP, LMFT, LADC and Director and Justin Miles, Ph.D., Psychiatrist, Associated Clinic of Psychology, Minneapolis

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REGISTRATION INFORMATION AND FEES

Separate registration and fee is required for each webinar. Each connection includes handouts and CEUs for one individual for one webinar. Additional individuals seeking CEUs must register and pay separately. Each registration must be made in the name of the person who will participate to receive CEUs. A separate registration and fee is not required for individuals to participate if they don't seek CEUs.

LeadingAge Minnesota Members

- Single service site/entity registration fee - \$75. Includes one connection and CEUs for one person per webinar. Site/entity is defined as care center, assisted living, adult day, corporate office.
- Additional person at same site/entity - \$25 per connection/per person and CEUs for one person per webinar.

Prospective Members

- Single service site/entity registration fee - \$125. Includes one connection and CEUs for one person per webinar. Site/entity is defined as care center, assisted living, adult day, corporate office.
- Additional person at same site/entity - \$45 per connection/per person, per webinar.

HOW TO REGISTER

Register online at <https://store.leadingagemn.org/eventlist> with your member user name and password. For assistance, contact Ashley Peterka at apeterka@leadingagemn.org. Confirmation of registration is sent by email within 3 working days and will include a paid statement or an invoice for unpaid registration.

*IF YOU ARE REGISTERING ADDITIONAL PEOPLE TO RECEIVE

CEUS: Complete the registration and checkout process for the first full priced registration. After the first checkout is completed, go back to the event and add additional people at the discounted rate. Complete the checkout process as normal. (You may enter multiple people in this second step.)

Registration includes one web connection and handouts.

Registration cut-off/cancellation date for each Webinar in the Series:

Module #1 – Wednesday, November 29, 2017
Module #2 – Monday, December 11, 2017
Module #3 – Wednesday, January 10, 2018
Module #4 – Monday, January 22, 2018
Module #5 – Wednesday, January 24, 2018

LeadingAge Minnesota reserves the right to cancel these webinars.

QUESTIONS

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