

2018 LEADINGAGE MINNESOTA
ADULT DAY
CONFERENCE
JULY 17, 2018 • SAINT PAUL



LeadingAge[™]
Minnesota

2018 ADULT DAY CONFERENCE

TUESDAY, JULY 17, SAINT PAUL, 8 A.M. - 3 P.M.

U OF M CONTINUING EDUCATION & CONFERENCE CENTER

PURPOSE

This conference is designed for individuals or teams working in adult day services - directors, social workers, direct care staff and other interested persons. It will explore timely issues of interest that will help improve care and services; as well the effectiveness of program operations.

SCHEDULE OF EVENTS

8:30 a.m. Registration, Continental Breakfast and Tabletop Displays

9 a.m. Welcome and Message from a Family Caregiver

9:15 a.m. **Adult Day Services – We Have Met the Future and It Is Us**

- Explore the evolution of aging services public policy discussions that has at its core, new growth opportunities for adult day programs and new initiatives in other states that are helping to fund adult day programs.
- Identify the reasons to be optimistic and where you might want to exercise caution when considering options for the future.
- Recognize the correlation between the changing demographics of the aging population and how adult day programs are uniquely positioned to meet the needs of older persons and their care partners.
- Discuss critical social and economic trends and how they will likely impact the adult day services provider of the future.
- Take home ideas, resources and best practices to position your adult day program to become a vital and valued part of the aging services continuum.

Ruth Katz, Senior Vice President for Public Policy/Advocacy, LeadingAge, Washington D.C.

10:15 a.m. Break with Tabletop Displays

10:45 a.m. **CONCURRENT SESSIONS**

Session A – DHS Aging Policy Updates

- Obtain the most current information on the HCBS Settings Rule, EW/AC rate evaluation and progress on the new Adult Day Study.
- Learn about the activities of the Adult Day Services Licensing Division and what impact they may have on the operation of your program.

Aimee Rumpza, Program Administrator, HCBS Programs and Policy, Jill Slaikou, HCBS Unit Manager, Licensing Division, and Peter Spuit, Human Services Program Consultant, Minnesota Department of Human Services, St. Paul

10:45 a.m. **Session B – Dementia Activities for Adult Day Programs**

- Recognize the need to develop person-centered activities for individuals with dementia so you can offer choices based on their individual interests, past vocations and where they are in their journey.
- Discuss a variety of technologies that persons with dementia can utilize and benefit from in an adult day program.
- Explore best practices to meaningfully engage clients with dementia in activities and when to switch gears if an approach is not successful.
- Take home ideas and resources to infuse new energy into your program for clients with dementia.

Julie Reginek, MS, ACC, EDU, CDP, MEPAP, Activity Program Instructor, Ridgewater Community College, Hutchinson

11:45 a.m. Lunch

12:45 p.m. **CONCURRENT SESSIONS**

Session C – Enhancing Your Program’s Bottom Line

- Learn how client absenteeism negatively impacts your monthly revenue.
- Review best practices for collecting revenue and managing expenses.
- Recognize the importance of securing proper waiver assessments prior to accepting clients.

Julie Apold, Vice President of Quality and Performance Excellence, LeadingAge Minnesota, St. Paul; Matt Beecher, Owner, Millennium Adult Day Care, Edina and Minnetonka; and Deborah Delaney, Founder and CEO, Touching Lives Adult Day Services, Savage

Session D – Positive Supports Program: Preventing and De-escalating Challenging Behaviors

** This session meets the requirements for function-specific positive supports training for ADS licensed providers.*

- Understand behaviors that are common in persons with mental illness and dementia.
- Take home proactive and practical techniques to anticipate and prevent challenging behaviors in your clients.
- Become familiar with positive support strategies for responding to common behaviors.
- Discuss effective de-escalation approaches used to calm individuals down, while keeping others safe.

Kim Whelan, Behavior Analyst, Mount Olivet Rolling Acres, Chanhassen

1:45 p.m. Break

2 p.m. **Session E – Positive Supports Program: Functional Behavior Assessments – Tools to Support Your Clients**

**This session meets the requirements for function-specific positive supports training for ADS licensed providers.*

- Recognize how mental illness in adult day program settings can impact participant behavior and the challenges it can present to staff.
- Understand why a functional behavior assessment is an important tool to use when supporting older clients.
- Describe how to measure changes in behavior so you know what next steps to take and what follow up might be required.
- Learn who can create a functional behavior assessment and how to complete it.
- Describe the benefits of incorporating person-centered behavior assessments to better support your program's participants.

Kim Whelan, Behavior Analyst, Mount Olivet Rolling Acres, Chanhassen

Session F – Best Practices for Interpersonal Communications with Clients

- Understand the benefits of practicing presence with your clients and how that can help engage them in meaningful conversations.
- Describe how to deliver less-than-positive news to clients or their families in ways that demonstrate respect for your relationship.
- Recognize the benefits of proactive communication to share good news of a client's experience with families and care partners.

Patty Crawford, Center Manager, Augustana Open Circle of Apple Valley, Apple Valley

3 p.m. Adjourn

ADULT DAY SERVICES CELEBRATION

Monday, July 16, 2018

5 – 7 p.m. Reception and Dinner

Minneapolis Veterans Home Adult Day Center



5101 Minnehaha Avenue South, Building 4, Minneapolis

All staff and directors working in LeadingAge Minnesota adult day programs are invited to join us for a festive evening to celebrate the amazing work underway in Minnesota's Adult Day Centers.

This complimentary member event includes networking, informative resources, refreshments, dinner and tour of an award-winning Adult Day Center!

Complimentary for LeadingAge Minnesota provider members. Prospective members: \$15 per person.

RSVP by July 6 to Roni Falck, Manager of Adult Day Services at 651.529.2399 or rfalck@leadingagemn.org.

CONFERENCE INFORMATION

2018 Adult Day Conference

Tuesday, July 17, 2018, 8 a.m. - 3 p.m.

University of Minnesota

Continuing Education Conference Center

1890 Buford Avenue, St. Paul, 55108

Accommodations

A block of sleeping rooms is reserved at the **Radisson Hotel, Roseville** in the LeadingAge Minnesota name at the special **rate of \$109** plus tax. **Reserve rooms by July 2, 2018** and mention the LeadingAge Minnesota block. Call 651.636.4567.

Continuing Education Credits

Application is being made to the Minnesota Board of Examiners for Nursing Home Administrators for clock hour credits. This program has been designed to meet the continuing education criteria for the Minnesota Board of Nursing.

LeadingAge Minnesota is an approved Continuing Education Sponsor by the Minnesota Board of Social Work. The following programs have been designed to meet the continuing education criteria for licensed social workers for continuing education hours: Opening Keynote, concurrent sessions B, D, E and F.

Handouts

Participants will receive links to electronic handouts before the conference and are encouraged to print them in advance or download to view on a laptop or tablet.

REGISTRATION INFORMATION

Conference Registration Fees

Early Bird: On or before June 20, 2018

LeadingAge Minnesota Members – **\$90**/person

Prospective Members – **\$110**/person

Regular Rate: After June 20, 2018

LeadingAge Minnesota Members – **\$125**/person

Prospective Members – **\$145**/person

Registration fee includes refreshment breaks and lunch.

Registration Information

Register online at <https://store.leadingagemn.org/eventlist>

with your member user name and password. Confirmation of program registration is sent by email within 3 working days and will include a paid statement or an invoice for unpaid registration. Contact Ashley Rogers arogers@leadingagemn.org for registration assistance or if your registration has not been confirmed.

Cut-Off/Cancellation

Registration is limited and on a first-received basis. **The registration cut-off date/cancellation deadline is July 12, 2018.** All cancellations

must be made in writing and are subject to a \$25 processing fee.

No-shows will be billed the full conference fee.

LeadingAge Minnesota reserves the right to cancel the conference or individual program sessions.

For Further Information

Ashley Rogers, Education Coordinator

arogers@leadingagemn.org 651.603.3559

For program content: Heidi Simpson

hsimpson@leadingagemn.org or

Roni Falck rfalck@leadingagemn.org.