

# COMMUNITY SUPPORT OPPORTUNITIES



*LeadingAge*<sup>™</sup>  
Minnesota

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# COMMUNITY SUPPORT OPPORTUNITIES



## HOUSING ASSISTANCE\*

Emergency Assistance

<https://tinyurl.com/ycmmo5th>

Group Residential Housing (GRH)  
Program

<https://tinyurl.com/y7zsfgsj>

Housing Benefits 101

<https://mn.hb101.org/>

Housing Link

<https://www.housinglink.org/>

MN Housing Finance Agency  
(MHFA) (Multi Housing Resource –  
from rental to mortgage assistance)

<https://tinyurl.com/mzhfwfd>

MSA Housing Assistance

<https://tinyurl.com/yd2oava9>

Rental Assistance (Section 8,  
subsidized housing)

<https://tinyurl.com/ycmmo5th>

Shelters

<https://tinyurl.com/ycv9zc98>

Veteran's Benefits

<https://mn.gov/mdva/>

*\*Eligibility for programs may vary by  
age, income or other factors - check  
each resource for qualifications.*

Also, check:

[www.MinnesotaHelp.info](http://www.MinnesotaHelp.info)

Your local County Social Services  
Agency

Your local Community Action  
Agency

<https://tinyurl.com/yal83tm6>

# COMMUNITY SUPPORT OPPORTUNITIES



## CHILD RESOURCES\*

### Adoption Support

<https://tinyurl.com/ycf7qrby>

### Child Care Assistance Programs (CCAP)

<https://tinyurl.com/yav65xye>

### Child Care Aware of MN

<http://childcareawaremn.org/>

### Child Protection

<https://tinyurl.com/y9pbpeno>

### Child Support Enforcement

<https://tinyurl.com/y8ge6wk3>

### Early Childhood Family Education

<http://ecfe.info/>

### Foster Care

<https://tinyurl.com/ycuypbqq>

### Head Start

<http://www.mnheadstart.org/>

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### Also, check:

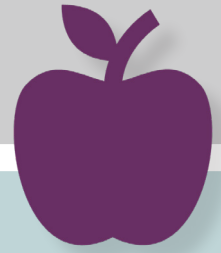
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# COMMUNITY SUPPORT OPPORTUNITIES



## FOOD & NUTRITION RESOURCES\*

Meals on Wheels

<https://meals-on-wheels.com/>

MFAP Program

<https://tinyurl.com/ycdk2gv5>

Minnesota Food Helpline

[1-888-711-1151](tel:1-888-711-1151)

Minnesota Hunger Partners

<http://www.mnhungerpartners.org/HungerPartners2/>

NAPS/CSFP Program

<https://tinyurl.com/y9ubd7hc>

National Hunger Hotline

[1-866-3-Hungry](tel:1-866-3-Hungry)

School Nutrition Program (SNP)/  
CACFP and SFSP Programs

<https://tinyurl.com/yadc4pjpg>

Senior Nutrition Program

<https://tinyurl.com/y7qbxls6>

SNAP Program/Emergency

SNAP Program

<https://tinyurl.com/yc6l6679>

Store to Door

<http://helpatyourdoor.org/>

WIC Program

<https://tinyurl.com/83zacbw>

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# COMMUNITY SUPPORT OPPORTUNITIES



## HEALTHCARE ASSISTANCE\*

AIDS Assistance Drug Program (ADAP)  
<https://tinyurl.com/y9cnufnj>

Child & Teen Checkup (C&TC) Program  
<https://tinyurl.com/y7ccmazz>

HealthCare Programs Listing  
<https://tinyurl.com/y7vzf3wp>

HIV/AIDS Case Management  
<https://tinyurl.com/yaqmbjya>

MA-EPD Program  
<https://tinyurl.com/y7f9gglf>

Medical Assistance (MA or Medicaid) Program  
<https://tinyurl.com/y94opal6>

Medicare  
<https://tinyurl.com/jxwrfc6>

Minnesota AIDS Project  
<https://tinyurl.com/y8k4s8m9>

MinnesotaCare  
<https://tinyurl.com/mj5aqn6>

MN Low-Cost Health Care Directory  
(low cost or free healthcare providers)  
<https://tinyurl.com/ydbt9opk>

MNSure  
<https://www.mnsure.org/>

MN Senior Health Options (MSHO)  
<https://tinyurl.com/yb4o2zua>

Portico Healthnet  
<http://www.porticohealthnet.org/>

Prescription Drug Assistance  
<http://www.health.state.mn.us/clearing-house/prescr2008.pdf>

Quit Smoking  
<https://www.quitplan.com/>

Veteran's Benefits  
<https://mn.gov/mdva/>

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# COMMUNITY SUPPORT OPPORTUNITIES



## GOVERNMENT ASSISTANCE PROGRAMS AND RESOURCES

### CHILDCARE

<https://tinyurl.com/y8qq9uck>

<https://tinyurl.com/yav65xye>

### CHILD SUPPORT ENFORCEMENT

<https://tinyurl.com/y8bocpwj>

### INCOME ASSISTANCE

<https://tinyurl.com/ycvor5xx>

### FOOD AND NUTRITION PROGRAMS:

#### MFAP

<https://tinyurl.com/yblmyle9>

#### SENIOR NUTRITION PROGRAM

<https://tinyurl.com/y7qbxls6>

#### SNAP

<https://tinyurl.com/yahag94y>

#### WIC

<http://www.health.state.mn.us/divs/fh/wic/index.html>

### HEALTHCARE PROGRAMS

#### MEDICAL ASSISTANCE (MA)

<https://tinyurl.com/y9thcxfh>

#### MINNESOTA CARE

<https://tinyurl.com/y8bjha4u>

Also, check with your employer for employer-sponsored coverage that may be available to you.

### A-Z LIST OF STATE HUMAN SERVICES DEPARTMENT RESOURCES

<https://tinyurl.com/yab9z667>

Also, check with your local County Social Services office for other benefits/services you may qualify for.

# COMMUNITY SUPPORT OPPORTUNITIES



## FINANCIAL ASSISTANCE\*

Diversionary Work Program (DWP)

<https://tinyurl.com/yblpsxqk>

General Assistance (GA) Program

<https://tinyurl.com/ycldqy9h>

MN Family Investment Program (MFIP)

<https://tinyurl.com/ycgabjn8>

MN Supplemental Aid (MSA)  
Program

<https://tinyurl.com/ybxmlmy57>

Social Security – Retirement Benefits

<https://www.ssa.gov/retire/>

Supplemental Security Income  
(SSI) & Social Security Disability  
Benefits

<https://www.ssa.gov/disability/>

[https://www.ssa.gov/disabilitys-](https://www.ssa.gov/disabilityssi/ssi.html)  
[si/ssi.html](https://www.ssa.gov/disabilityssi/ssi.html)

[https://www.ssa.gov/pubs/EN-](https://www.ssa.gov/pubs/EN-05-10029.pdf)  
[05-10029.pdf](https://www.ssa.gov/pubs/EN-05-10029.pdf)

Unemployment Insurance

[http://www.uimn.org/uimn/ap-](http://www.uimn.org/uimn/ap-plicants/)  
[plicants/](http://www.uimn.org/uimn/ap-plicants/)

Veteran's Benefits

<https://mn.gov/mdva/>

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# COMMUNITY SUPPORT OPPORTUNITIES



## FINANCIAL PLANNING/TAX/ SAVING/OTHER RESOURCES\*

Advanced Premium Tax Credits (APTCs)

<https://tinyurl.com/ybn3e682>

Minnesota College Savings Plan

<https://www.mnsaves.org/>

Earned Income Tax Credit (EITC)

<https://tinyurl.com/y87nrzpn>

PCs for People

<https://www.pcsforpeople.com/>

Family Assets for Independence Program (FAIM)

<http://minnesotafaim.org/>

Savers Credit – Federal

<https://tinyurl.com/grmnoz9>

Federal and State Tax Credits

<https://tinyurl.com/y7ohpvcd>

Telephone Assistance/Broadband Programs (Lifeline, Tap, Other)

<https://tinyurl.com/y7ppf4tq>

Help Minnesota Save Program

<http://www.helpmnsave.org/>

Ways to Work Loan Program

<https://tinyurl.com/y9kanry9>

Legal Assistance

<http://mn.bridgetobenefits.org/Legal>

Working Family Credit (WFC)

<https://tinyurl.com/yae3twoj>

Lutheran Social Services (LSS) – Financial Counseling Program

<http://www.lssmn.org/debt/>

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Metro Transit Reduced Fares Qualification

<https://www.metrotransit.org/fares>

# COMMUNITY SUPPORT OPPORTUNITIES



## ENERGY ASSISTANCE\*

Energy Assistance Program (EAP)

<https://tinyurl.com/ybqpnrpq>

Energy Loan Program (make homes more energy efficient or accessible)

<https://tinyurl.com/pny8kla>

Heat Share Program

<https://tinyurl.com/y9ovkjhb>

Solar Energy Incentive Program

<https://tinyurl.com/y8hky8mn>

Veteran's Benefits

<https://mn.gov/mdva/>

Weatherization Assistance Program

<https://tinyurl.com/yasty3p3>

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# COMMUNITY SUPPORT OPPORTUNITIES



## WORKFORCE RESOURCES & IMMIGRANT RESOURCES\*

### ISeek

<https://careerwise.minnstate.edu/>  
<https://www.indeed.com/>  
<https://www.monster.com/>  
<http://workingpartnerships.org/>  
<http://www.womenventure.org/>  
<http://workingpartnerships.org/>

### MN Employment & Economic Development

<https://mn.gov/deed/job-seekers/>

### MN Workforce Centers

<https://mn.gov/deed/job-seekers/workforce-centers/>

### Refugee/Immigrant Resources

#### CAPI

<https://www.capiusa.org/>

### English as a Second Language (ESL)

<https://tinyurl.com/yae7e877>  
<https://tinyurl.com/y7cjeyyd>  
<https://tinyurl.com/yccdv4wr>

### Immigrant Law Center

<https://www.ilcm.org/>

### International Institute of MN

<http://iimn.org/>

### Refugee Assistance

<https://tinyurl.com/yb5lc52b>

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# COMMUNITY SUPPORT OPPORTUNITIES



## STUDENT LOAN/ FINANCIAL AID RESOURCES

Government - Financial Aid Applications

[www.fafsa.gov](http://www.fafsa.gov)

Scholarship Information

[www.fastweb.com](http://www.fastweb.com)

<https://www.studentscholarships.org>

<https://bigfuture.collegeboard.org/scholarship-search>

Help/Information Sites:

[www.nerdwallet.com](http://www.nerdwallet.com)

[www.paybacksmarter.com](http://www.paybacksmarter.com)

[www.studentloanhero.com](http://www.studentloanhero.com)

Student Loan Servicers:

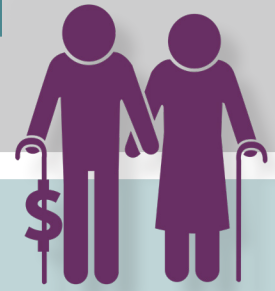
[www.navient.com](http://www.navient.com)

[www.nelnet.com](http://www.nelnet.com)

[www.salliemae.com](http://www.salliemae.com)

Also, check with your bank or credit union for private loans.

# COMMUNITY SUPPORT OPPORTUNITIES



## RETIREMENT PLANNING/ SENIOR SERVICES

### GOVERNMENT RESOURCES/BENEFITS

#### Medicare

<https://tinyurl.com/ycq8xvmx>  
[www.Mymoney.gov](http://www.Mymoney.gov)

#### Social Security

<https://faq.ssa.gov/link/portal/34011/34019/articlefolder/418/retirement>  
<https://www.ssa.gov/retire/>

### OTHER RESOURCES/PLANNING HELP

[www.aarp.org](http://www.aarp.org)  
[www.financialmentor.com/calculator/best-retirement-calculator](http://www.financialmentor.com/calculator/best-retirement-calculator)  
<http://www.lssmn.org/kinshipcaregivers/>  
<https://meals-on-wheels.com/>

#### Minneapolis Area Senior Resources

<https://tinyurl.com/y7uq2fzy>  
[www.retirement-cafe.com/101-retirement-websites.html](http://www.retirement-cafe.com/101-retirement-websites.html)

#### Senior Linkage Line

[1-800-333-2433](http://1-800-333-2433)  
<https://ssa.gov/planners/retire/other2.html>

#### Store-to-door

<http://helpatyourdoor.org/>

# COMMUNITY SUPPORT OPPORTUNITIES



## INDIVIDUALS WITH DISABILITIES

Access North

<http://www.accessnorth.net/>

Bridge to Benefits

<https://tinyurl.com/y7f38tbq>

Centers for Independent Living

<https://tinyurl.com/ybbkcl7h>

Disability Linkage Line

[1-866-333-2466](tel:1-866-333-2466)

Disability Services Division –  
MN Department of Human Services

<https://tinyurl.com/y9xjbd2d>

Governor's Council on  
Developmental Disabilities

<http://mn.gov/mnddc/>  
[www.MinnesotaHelp.info](http://www.MinnesotaHelp.info)

MN Star Program

<https://mn.gov/admin/star/>

MN State Council on Disability

<http://www.disability.state.mn.us/>

Ombudsman for Mental Health &  
Developmental Disabilities

<https://mn.gov/omhdd/>

U.S. Department of Labor

<https://www.dol.gov/odep/topics/disability.htm>

# COMMUNITY SUPPORT OPPORTUNITIES



## BLINDNESS/VISION LOSS

MN Braille & Talking Book Library

[www.education.state.mn.us/MDE/fam/mbtbl](http://www.education.state.mn.us/MDE/fam/mbtbl)

State Services for the Blind

<https://mn.gov/deed/job-seekers/blind-visual-impaired/>

### OTHER RESOURCES

[www.enhancedvision.com/low-vision-resources.html](http://www.enhancedvision.com/low-vision-resources.html)

[www.lowvisionstore.com](http://www.lowvisionstore.com)

# COMMUNITY SUPPORT OPPORTUNITIES



## DEAFNESS/HARD OF HEARING

MN Commission on the Deaf, Deafblind and Hard of Hearing

<https://mn.gov/deaf-commission>

MN Department of Human Services (DHS) - Deaf and Hard of Hearing Services Division

<https://mn.gov/dhs/people-we-serve/seniors/services/deaf-hard-of-hearing>

State Services for the Blind

<https://mn.gov/deed/job-seekers/blind-visual-impaired/>

### OTHER RESOURCES

[www.enhancedvision.com/low-vision-resources.html](http://www.enhancedvision.com/low-vision-resources.html)

[www.lowvisionstore.com](http://www.lowvisionstore.com)

<https://mnhandsandvoices.org>

### DEAF-BLIND RESOURCES

[www.visionlossresources.org/programs/dbsm](http://www.visionlossresources.org/programs/dbsm)