

2020 Dementia Care Certificate Program

Person-Centered Care
and Strategies to Avert
Challenging Behaviors

Modules #3 and #4

#3 - November 17, 18

#4 - December 3, 8

Brought to you by

LeadingAge[®]
Minnesota

*A*ssociated
Clinic of
*P*sychology



PURPOSE

These two modules of the program are specifically designed to equip hands-on caregivers with practical information and knowledge they need to care for individuals with dementia and the necessary problem-solving skills for dealing with challenging behaviors.

The program meets Minnesota's current mandatory dementia care training requirements for:

- Home care agency staff serving persons with dementia under MN Statute 144A.4796.
- HWS/AL staff in serving persons in memory care programs under MN Statute 144D.065.
- It is also designed to build a solid foundation of knowledge on which staff caring for persons with dementia can prepare for the new AL requirements that go into effect in August 2021 and for which rulemaking began in 2019.
- For care center staff, this program meets the nursing facility mandatory training requirements under MN Statute 144.6503 Facilities for Alzheimer's Disease or Related Disorder.

The two modules can be taken as part of the Dementia Care Certificate Program, or separately to earn CEUs.

SUGGESTED AUDIENCE

Direct care staff in all settings. Nurses and dementia program directors will also benefit from this training.

ABOUT THE DEMENTIA CARE CERTIFICATE PROGRAM

As the number of older adults with dementia needing care increases, so does the need for well-trained caregivers who understand the unique aspects of their disease and have the skills and knowledge to respond to their needs.

This educational series is designed to improve the quality of care given to persons with dementia. It consists of four modules and is available for participation in individual topics of interest. To earn the certificate of completion, individuals must participate in all four modules. The certificate is a voluntary credential demonstrating professional study of a particular topic area. It does not denote certification or that someone is certified in dementia care.

Module #3 – Person-Centered Care and Strategies to Avert Challenging Behaviors

Tuesday, November 17

1 – 2:30 p.m.	Communication Skills, Environmental Scanning
3 – 4:15 p.m.	Biological, Psychological and Social Needs and Interventions

Wednesday, November 18

12:30 – 1:45 p.m.	Preventing, Responding and Managing Behaviors Generally
2:15 – 4 p.m.	Sexuality; Vocalization and Repetitive Statements; Wandering, Collecting and Hoarding; Resisting Cares

LEARNING OBJECTIVES

Using a framework of best practice models and successful approaches for person-centered dementia care, participants will be able to:

- Recognize how persons with dementia express their sexuality and determine what situations should be addressed as a caregiver.
- Understanding what drives persons with dementia to wander, pace and successfully exit your building and how to address their need for movement while reducing risk of harm.
- Reflect on rummaging behavior and know what it really means to your resident and what, if anything needs to be done about it.
- Analyze why repetitive questioning and storytelling are a part of the diseases' progression and how you can best relate when people communicate in these styles.
- Identify what's behind resistance to care and services and learn how to minimize it to build more positive connections and reduce risk of harm to yourself and the individual.

Catherine R. Johnson, PsyD LP, Licensed Psychologist, Associated Clinic of Psychology, Minneapolis; and **Susan Ryan**, OTR/L, Adult Day Program Consultant, St. Paul

Module #4 – Person-Centered Care and Strategies to Avert Challenging Behaviors

Thursday, December 3

8:30 – 10:45 a.m. Assistance with Activities of Daily Living (ADLs) and the Person with Dementia – Supporting the Individual, Getting the Job Done

LEARNING OBJECTIVE

- Describe strategies for partnering with an individual in accomplishing Activities of Daily Living (ADLs) to help them be successful.

Terrianne Jones, PhD., OTR/L, Instructor, Occupational Therapy, Center for Allied Health Programs, University of Minnesota, Minneapolis

Tuesday, December 8

1 – 2 p.m. Establishing Meaningful Connections
2:15 – 3:15 p.m. Best Practices to Avert Challenging Behaviors
3:30 – 4:30 p.m. Best Practices to Avert Aggressive Behaviors

LEARNING OBJECTIVES

Using a framework of best practice models and successful approaches for person-centered dementia care, participants will be able to:

- Understand potential physical changes that may result in communication barriers, so you know how to minimize them and promote positive communication.
- Recognize when a person is hallucinating and what you should or should not do to connect with them.
- Discuss displays of paranoia and the best ways to communicate with an individual in this state of mind.
- Identify the potential for expression of aggressive behaviors to avoid escalation, while reducing risk of harm.
- Consider agitation an expression of an unmet need so you can help channel it in more positive directions.

John Brose, PhD, LP, LMFT, LADC, Director, Associated Clinic of Psychology, Minneapolis

CONTINUING EDUCATION CREDITS

This program has been designed to meet the CEU approval criteria for the Minnesota Board of Executives for Long Term Services and Supports (MN_BELTSS) and the Minnesota Board of Nursing. Some programs are relevant to the operation of housing-with-services establishments and to the needs of its tenants and may be used toward the continuing education requirements of housing managers. LeadingAge Minnesota is an approved provider by the Minnesota Board of Social Work.

REGISTRATION INFORMATION AND FEES

Register for each module separately.

LeadingAge Minnesota Members

\$150 per connection per module. Additional person at the same site/entity **\$50** per connection/per person.

Prospective members

\$225 per connection per module. Additional person at the same site/entity **\$75** per connection/per person.

REGISTRATION

Module #3

[Click here](#) to register online.

Registration cut-off date: Friday, November 13, 2020.

Module #4

[Click here](#) to register online.

Registration cut-off date: Monday, November 30, 2020.

Registration includes one web connection, handouts and CEUs for the individual registered.

Cancellations must be made in writing and are subject to a \$25 processing fee. LeadingAge Minnesota reserves the right to cancel these webinars.

QUESTIONS

Ashley Rogers, Education Coordinator
arogers@leadingagemn.org 651.603.3559