

**Living
the
Pledge**



THANK YOU
For Keeping Us Safe



It takes anywhere from 18 to 254 days to form a new habit.
Help Each Other to Form Good Hand Washing Habits



- Use enough alcohol-based hand sanitizer to cover all surfaces of your hands.
- Your hands should stay wet for around 20 second if you used the right amount.
- Wash hands with soap and water for at least 20 second when visibly soiled, before eating, and after using the restroom.

Honor your Safe Care for Seniors Pledge and Speak Up if you are running into any barriers to Safe Hand Washing Practices to keep you, those you serve, and your co-workers Safe from Harm.