

SCHEDULE OF EVENTS

FRIDAY, MAY 21



SESSION PLANNER - FRIDAY, MAY 21, 2021

Professional Group	Sessions
Activities/Therapeutic Recreation	807, 809, 1003, 1006, 1008
Adult Day Services	801, 802, 807, 809, 901, 904, 908, 1001, 1003, 1004, 1006
AL Director/HWS Manager	801, 802, 803, 804, 805, 806, 807, 808, 809, 902, 903, 904, 906, 907, 1002, 1003, 1004, 1006, 1007
Board Member	803, 809, 904, 906, 1003, 1004
Campus Director	801, 802, 803, 805, 807, 808, 809, 901, 902, 903, 904, 906, 907, 1001, 1002, 1003, 1004, 1005, 1007
CEO/Administrator	801, 802, 803, 805, 807, 808, 809, 901, 902, 903, 904, 906, 907, 1001, 1002, 1003, 1004, 1005, 1007
Dietary/Culinary	804*, 809, 908, 1003, 1006
Finance/Business Office	801, 803, 809, 903, 904, 906, 1003, 1004, 1005
Fund Development	809, 1003
Home Care	801, 805, 806, 807, 808, 809, 902, 905, 907, 1002, 1003, 1006
Housing Director (<i>Independent living</i>)	801, 802, 807, 809, 903, 904, 1003, 1004, 1005, 1007
Human Resources	802, 804, 807, 809, 907, 1003, 1007
Maintenance/Environmental Services/Engineers	804, 808, 809, 1003, 1007
Marketing & Sales/Public Relations	803, 805, 807, 809, 904, 1003, 1004
Medical Records/Health Information Technology	809, 907, 1003
Nursing	804, 806, 807, 808, 809, 902, 905, 907, 908, 1002, 1003, 1006, 1008
Physical/Rehab Therapy	807, 905, 907, 1003, 1006
QA/QI Staff	808, 809, 905, 1003
Social Work	801, 805, 807, 808, 809, 902**, 903, 907, 1003, 1006
Spiritual Care	807, 1003
Staff Development/Education	807, 808, 809, 905, 1003, 1006
Technology	809, 907, 1003, 1007

* Meets the sanitation CEU requirement for CBDM/ANFP and CDR/MAND.

** Meets the ethics CEU requirements for MN licensed social workers.

EDUCATION SESSIONS - FRIDAY, MAY 21, 2021

8 – 9 a.m.

CONCURRENT SESSIONS

Tracks for Sessions

AL – Assisted Living

ADS – Adult Day Services

CC – Care Centers

HCBS – Home and Community Based Services

801 - DHS Update: Waiver Payments for Adult Day Services and Customized Living (ADS)

- Hear the latest information on Elderly Waiver (EW) and disability waiver payment for customized living.
- Know the latest developments on EW and disability waiver payment for adult day services.
- Review legislative proposals that could impact waiver payment for customized living or adult day.

Rachel Shands, Aging and Adult Services Manager, and Jennifer Stevens, Program Consultant, Aging and Adult Services Division; Tony Gantenbein, Employment Policy Consultant, Waiver Policy & Compliance Team, Matt Knutson, HCBS Waiver Policy Specialist, and Meghan Lindblom, Fiscal Policy Lead, Disability Services Division, Minnesota Department of Human Services, St. Paul

802 - Employment Law Hot Topics – 2021 Edition (All Settings)

- Describe what employers can mandate related to maintaining a healthy workplace.
- Explore the critical privacy issues around COVID such as who has had it and whether an employee has been vaccinated.
- Examine the HR issues that have developed because of sustained levels of employee stress during the pandemic, the effect on the workplace and the employers' reasonable accommodation obligations.
- Discuss leaves of absence taken during COVID times and how providing an employee with one can be considered a reasonable accommodation of a disability.

Michelle Klegon, Attorney, Klegon Law Office Ltd., Minneapolis; and Ellen Schneider, Human Resources Consultant, St. Paul

803 - Navigating New and Established Approaches to Provider Collaboration (AL, CC)

- Explore established and new approaches to provider collaboration arrangements that might include telehealth, preferred provider arrangements and clinically or financially integrated networks.
- Understand key federal and state laws that apply to provider collaboration arrangements as you consider the legal and operational benefits and challenges of collaboration.
- Develop strategies for successful and compliant business arrangements.

Julia Reiland, Attorney, and Jesse Berg, Attorney, Lathrop GPM LLP, Minneapolis

804 - Environmental Preparedness, Practices and Protocols Against Contaminants (AL, CC)

- Discuss how your environmental programs can be a triple threat to combat outside influences from viral and other sanitation contaminants.
- Validate your current sanitation and cleanliness practices and identify any areas for improvement.
- Learn techniques to step up your environmental protection and prevention protocols.

Jeff Cline, Vice President – Environments, Morrison Living, Phoenix, Ariz.; Gabriel Martinez, Director of Business Development, and Larry Woods, Regional Director of Operations, Morrison Living, Chicago, Ill.

This program is designed to meet the sanitation CEU requirement for CBDM/ANFP and CDR/MAND.

805 - A Practical Approach to New AL Residency/Lease Agreements (AL)

- Identify the various ways in which the new assisted living laws change the requirements for how assisted living contracts must be drafted.
- Examine and discuss the legal processes which must be outlined in new assisted living agreements, including but not limited to the new termination process.
- Explore and analyze strategies for preparing effective assisted living agreements to comply with the new laws.

April Boxeth, Attorney/Partner, and Ryan Usher, Associate Attorney, Voigt, Rodè, Boxeth & Coffin, LLC, St. Paul

EDUCATION SESSIONS - FRIDAY, MAY 21, 2021

8 – 9 a.m.

CONCURRENT SESSIONS *cont'd.*

806 - Retaining Occupancy: Diagnosis Based Home Health (AL, CC)

- Identify residents that are struggling with ADLs due to chronic conditions who might benefit from additional home health services.
- Understand how adding complementary home health services to those already in place can benefit your residents and greatly reduce hospital admissions.
- Retain occupancy levels by engaging this approach to address the physical, mental and emotional needs of your residents.

Bobbie Crocker, Customer Relations Manager, Adara Home Health, Hutchinson

807 - Serving LGBTQ+ Older Adults (All Settings)

- Understand the differences between sex, sexuality and gender, and the language used to discuss each.
- Describe the profound impact history, politics and HIV have had on older adults and their unique needs as they seek services.
- Utilize strategies, resources and tools to serve the LGBTQ+ aging population in your program services.

Marsha Berry, Educator, and Megan Mueller, Associate Director of Education and Prevention, JustUs Health, St. Paul

808 - Strategies to Successfully Operationalize Infection Prevention and Control (AL, CC)

- Discuss the most recent expectations for infection prevention and control.
- Explain the key process items from systems, assessment and tracking.
- Learn three leadership strategies to successfully implement an infection prevention and control program.

Susan LaGrange, Director of Education, Pathway Health, Lake Elmo

809 - Make Them See It: Leading with Vision (All Settings)

- Understand how a clear vision impacts team performance and supports the adage “If you can see it, you can do it.”
- Identify the components of a good vision statement and its overall purpose for your organization.
- Discover how as a leader you can use vision to tap into the strength of your team by awakening their desire to do great things.

Ayodeji Oyebola, Ed.D., Founder, Emmright Business Management & Consulting Services, Rochester

9 – 9:15 a.m.

BREAK

9:15 – 10:15 a.m.

CONCURRENT SESSIONS

901 - DHS Update: Adult Day Services Licensing (ADS)

- Learn about the changes that have occurred in the adult day services (ADS) field over the past year.
- Gain important insights on licensing issues impacting other ADS providers.
- Explore other timely topics related to ADS licensing.

Rachel Shands, Home and Community Based Services Manager, Aging and Adult Services Division, Jill Slaikeu, Unit Manager, and Pattie Maguire, HCBS Supervisor, HCBS Licensing Division, Minnesota Department of Human Services, St. Paul

EDUCATION SESSIONS - FRIDAY, MAY 21, 2021

9:15 – 10:15 a.m.

CONCURRENT SESSIONS *cont'd.*

902 - Balancing the Ethics of Keeping Residents Safe from Harm (AL, CC)

- Explore case study examples of the ethical dilemmas in balancing the Safe Care for Seniors' goal of zero preventable harm in the course of caregiving with resident autonomy and choice.
- Describe the challenges and approaches for managing risk while creating a culture of transparency.
- Examine the balance of individual and organizational accountability and support within a culture that is fair and just and focused on continuous learning and improvement.

Julie Apold, Vice President of Quality and Performance Excellence, LeadingAge Minnesota, St. Paul; and Jane Danner, MA, LSW, Director of Resident Engagement and Development, Volunteers of America, Eden Prairie

This program is designed to meet the ethics CEU requirements for MN licensed social workers.

903 - Evictions 101: Evicting for Nonpayment, Behavior or Lease Violation (AL)

- Discuss the legal theories involved in evicting tenants for nonpayment, behavior or for violation(s) of other lease requirements.
- Receive guidance on pre-eviction work that should be conducted with the tenant and family to avoid an eviction.
- Learn how to draft lease and services termination letters and review the process of a contested eviction action.

Rebecca Coffin, Attorney/Partner, and Ryan Usher, Associate Attorney, Voigt, Rodè, Boxeth & Coffin LLC, St. Paul



It's been said that the historic challenge for leaders in a major crisis is to manage the crisis while building the future. What does that mean for senior housing and care leaders after a pandemic that has taken an enormous toll on our residents, our teams and our image? In fact, COVID-19 has propelled us into our future faster and put an exclamation mark on the end of the first-generation senior living product developed to serve the Greatest Generation. What's next, and how should you be thinking about opportunities in the midst of disruption, fatigue and financial stress? Come learn about anticipating and planning for a post-pandemic world. See session 1004 for Part 2.

904 - Planning for a Post-Pandemic World (Part 1) (All Settings)

- Understand why transparency and data are key to regaining trust and credibility.
- Learn why it is essential that we reframe our value proposition and offer an aspirational setting.
- Discover why strong workplace culture can no longer be treated as just "nice to have."
- Hear data from new research on the impact COVID-19 has had on different congregate settings for seniors.

Bob Kramer, Founder and Fellow, Nexus Insights, and Co-founder & Strategic Advisor, National Investment Center for Seniors Housing & Care (NIC), Annapolis, Md.

905 - Use Your Inner Sherlock Holmes to Understand Falls (AL, CC)

- Using a fictional case study, find clues to discover how individual, external and operational factors contribute to falls.
- Discuss how to apply root cause analysis and challenge the current status quo around fall management strategies.
- Use the findings to implement person centered fall interventions in your setting.

Kelly Klund, Resource Nurse, Empira, Anoka

906 - 2021 OIG Compliance and Self-Disclosure in a COVID-19 World (AL, CC)

- Understand the role and function of the Office of Inspector General, including 2021 updates.
- Establish strategies and best practices to maintain OIG compliance, particularly in a COVID-19 world.
- Analyze how to navigate the important Self-Disclosure Protocol.

Robert Rodè, Attorney/Partner, and Aaron Sagedahl, Attorney, Voigt, Rodè, Boxeth & Coffin, LLC, St. Paul

EDUCATION SESSIONS - FRIDAY, MAY 21, 2021

9:15 – 10:15 a.m.

CONCURRENT SESSIONS *cont'd.*

907 - Integrate the New Permanent Expansion of Medicare Telehealth Service (AL, CC)

- Identify and understand the 60-plus services now permanently permitted to be provided via telehealth.
- Explore options for offering the services of licensed clinical social workers, clinical psychologists, physical therapists, occupational therapists and speech-language pathologists through telehealth.
- Discuss the opportunities and challenges presented by the continuation of public health emergency telehealth services.

Christianna Finner, Shareholder, Winthrop & Weinstine P.A., Minneapolis

908 - The Salty Truth: It's Complicated (AL, CC)

- Discuss the basic role that sodium plays in everyday functions, why our bodies need it and why too much is not a good thing.
- Review the latest data, research recommendations and the most current dietary guidelines regarding sodium intake in older adults.
- Explore the delicate balance between providing good flavor, great meals and dining experiences and our responsibility with sodium restrictions.

Christine Link, Marketing Dietitian, Martin Bros. Distributing Inc., Cedar Falls, Iowa

10:15 – 10:30 a.m.

BREAK

10:30 – 11:30 a.m.

CONCURRENT SESSIONS

1001 - MDH Update: Adult Day Services COVID-19 Issues (ADS)

- Understand new infection control guidance for adult day services programs.
- Gain insight on the new normal for programming and operations.
- Learn more about the role of vaccinations for resuming services.

J.P. Mahoehey, Nurse Specialist, and Jill Slaikeu, Unit Manager, HCBS Licensing Division, Minnesota Department of Human Services, St. Paul

1002 - Assisted Living Communities in Transition: What Will Licensure Bring? (AL)

- Analyze and describe the key licensing standards of the new Assisted Living Licensure to position your community on a path toward full and substantial compliance.
- Understand role the Board of Executives for Long Term Services and Supports will likely play in evaluating the performance of Licensed Assisted Living Directors and the likely connection that MDH survey results may play in triggering oversight by the Board.
- Learn how to avoid the pitfalls that can lead to licensing sanctions – including orders for fines, suspensions or terminations – and understand how those enforcement actions might impact your financing covenants or other standards.

Sam Orbovich, Attorney/Shareholder, Fredrikson & Byron PA, Minneapolis

1003 - Self-Care for Healthcare: Creating Happiness in the New Normal (All Settings)

- Understand the correlation of practicing happiness self-care as a healthcare professional and the positive impact it will have on the resident care you provide.
- Practice strategies to eliminate stress based on the most current scientific research from the fields of positive psychology, biology and neuroscience.
- Learn the 7 Habits of Happiness and simple, practical daily strategies to bring happiness and meaning to your life and workplace.

Tom Guetzke, CHO (Chief Happiness Officer), Live Happy Inc., Eden Prairie

SESSION PLANNER - FRIDAY, MAY 21, 2021

10:30 – 11:30 a.m.

CONCURRENT SESSIONS *cont'd.*

1004 - Planning for a Post-Pandemic World (Part 2) (All Settings)

Continuation of session 904.

Bob Kramer, Founder and Fellow, Nexus Insights, and Co-founder & Strategic Advisor, National Investment Center for Seniors Housing & Care (NIC), Annapolis, Md.

1005 - Federal Affordable Housing Update (IL)

- Gain information on the status and outlook for relief funding for affordable housing providers and the temporary operational flexibilities from HUD that include inspections, vacancies and income certifications.
 - Explore HUD's newest preservation tool, the Rental Assistance Demonstration for Project Rental Assistance Contracts.
 - Examine proposals to expand and improve the LIHTC program, including how to protect mission-driven ownership from unscrupulous investors.
 - Learn from the latest research to inform your work and to help build your case to preserve or build affordable housing.
- Linda Couch, Vice President, Housing Policy, LeadingAge, Washington, D.C.*

1006 - Improve Your Dementia Care with Best Practice Standards (AL, CC)

- Become familiar with five research-based dementia care best practice standards that will improve the quality of care and services you offer.
- Refresh your knowledge about Alzheimer's Disease and dementia.
- Describe how to apply person-centered dementia care to assessment and care planning, addressing dementia-related behaviors and communication, and how to support a person with ADLs.
- Know how to implement person-centered care in all aspects of care.

Woo Bandel, LSW, Program Manager Metro, Alzheimer's Association Minnesota-North Dakota, Minneapolis; and Jenna Pogorels, Sr. Program Manager Northern MN, Alzheimer's Association Minnesota-North Dakota, Hermantown

1007 - OSHA Inspection: Is Your Facility Prepared? (AL, CC, IL)

- Understand the OSHA inspection process and learn strategies to minimize citations and related financial penalties.
- Identify common gaps in OSHA compliance programs that can lead to citations.
- Know how to ensure your organization is prepared for an OSHA inspection.

Mary Ferrian, CSP, EHS Division Manager, Institute for Environmental Assessment Inc., Brooklyn Park

1008 - Reduce Stress and Improve Outcomes with Aromatherapy (AL, CC)

- Appreciate the properties of aromatherapy as a natural, non-pharmaceutical self-care tool to deliver comfort to your residents and staff.
- Know what is required before implementing a compliant, safe and effective aromatherapy program.
- Review results, research and successful aromatherapy programs that are easy to implement including best practice applications with PPE such as masks.

Jodi Baglien, Owner, Jodi Baglien Aromatherapy, Osseo

11:30 – 11:45 a.m.

BREAK

11:45 a.m. – 12:15 p.m.

General Session Lunch & Laugh
Laughter Becomes You!

Tim Gard

