



LIVING THE PLEDGE
Self Care for Safe Care

Random Act of Kindness

A Random Act of Kindness (or RAOK) is doing something simple to show care for someone else.

*You are doing a
great job!*

*Is there anything else
I can do for you – I
have the time.*

Have a Super Day!



*Thank you for
all you do!*

*Good morning –
I hope you have
a great day!*

You are amazing!

Happiness is Contagious – Pass It On!

