

# KEYS TO RETAINING STAFF – A MENTAL HEALTH PERSPECTIVE



**Tuesday, Dec. 13, 2022, 11:30 a.m. – 12:30 p.m.**

**OR**

**Tuesday, Jan. 17, 2023, 11:30 a.m. – 12:30 p.m.**

*The session is being offered twice, please register for one session only.*

## PURPOSE

This webinar will share how to reduce turnover by addressing three research-based, mental health drivers of retention – staff feeling valued, supported, and effective. Learn quick and practical things you can do daily to affect these drivers.

## LEARNING OBJECTIVES

- Examine three drivers of staff retention, based on research from a mental health perspective.
- Learn methods to address these drivers.
- Identify time efficient practices to strengthen your organization's work culture and retain valuable staff.

## PRESENTER

*Dr. Alyson Van Ahn, PhD, LP, Psychologist, Associated  
Clinic of Psychology, Minneapolis*

## SUGGESTED AUDIENCE

*Team Managers, Supervisors, Leaders, Human  
Resources, Social Workers*

## REGISTRATION INFORMATION AND FEES

This session is offered at no charge to our members through the LeadingAge Minnesota Foundation.

In addition to the webinar, participants will receive short on-demand recordings and a resource toolkit developed from this training in 2023 to share with their colleagues.

[\*\*REGISTER HERE\*\*](#)

## CONTINUING EDUCATION CREDITS

### ELIGIBLE FOR 1 CLOCK HOUR

*This webinar has been designed to meet the CEU approval criteria for the Minnesota Board of Executives for Long Term Services and Supports (MN-BELTSS). LeadingAge Minnesota is an approved provider of continuing education for the Minnesota Board of Social Work.*

*Participants may also request a general certificate of attendance. CEUs are earned only for the individual registered.*

## CUT-OFF/CANCELLATION

Registration cut-off date/cancellation deadline: 5 p.m. on Friday, Dec. 9, 2022, for the December webinar and 5 p.m. on Friday, Jan. 13, 2023, for the January webinar. LeadingAge Minnesota reserves the right to cancel these webinars.

## FOR FURTHER INFORMATION

Olivia Scott, Events & Education Coordinator, at [oscott@LeadingAgeMN.org](mailto:oscott@LeadingAgeMN.org) or 651.603.3559 for assistance or if your registration has not been confirmed.

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