

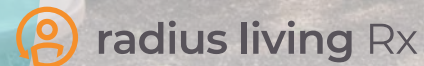
Assisted Living Conference

Aug. 16–17, 2023

Heritage Center of Brooklyn Center

LeadingAge[®]
Minnesota

Assisted Living Conference sponsored by



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Welcome!

Join us on Aug. 16-17 for LeadingAge Minnesota's Assisted Living Conference. This signature event provides aging services professionals with the exceptional training, timely updates, and resources you need to confidently meet state requirements and provide quality care for seniors. Licensed assisted living directors can earn up to 10 clock hours toward their re-licensure.

To maximize your experience, we've brought in vendors to showcase helpful products and services to make your work easier. Visit the displays and connect with your friends and colleagues during connection breaks. And speaking of connecting, we hope you'll join us Wednesday evening for a casual happy hour.

We look forward to seeing you in August for 2-days full of learning, sharing, and connection!

Suggested Audience

Assisted Living Directors, Administrators, Clinical Nurse Supervisors and Nurse Managers, and Home Care or Assisted Living Exempt Site Staff

Visit the Vendor Displays

40 product and service options for you to explore

AB/CD Cleaning Services LLC
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Display Hours

Wednesday, Aug. 16:
10:15 – 10:45 a.m. and
1:45 – 2:15 p.m.

Thursday, Aug. 17:
10:45 – 11:15 a.m. and
2:15 – 2:45 p.m.

Here is a sneak peek
of exhibitors that have
been confirmed as of
June 2, 2023.

Schedule of Events Wednesday, Aug. 16

8 – 9 a.m.

Registration and Continental Breakfast

9 – 10:15 a.m.

WELCOME AND OPENING KEYNOTE PRESENTATION

Leading with Story: Using the Science of Story to Captivate, Engage, and Inspire

Research studies have found storytelling to be one of the most powerful tools for connecting with and inspiring others. In these turbulent times of workforce challenges and changing consumer preferences, learn how to use the power of storytelling to build a connected and resilient culture, while attracting future residents.

Author and educator Nick Westergaard opens our conference with an engaging and interactive presentation that connects what we know about communicating through stories with addressing some of our most serious hurdles.

- Learn the science behind storytelling, how stories work, and how to integrate stories into your work and life.
- Discover how to tell your story in six words.
- Use stories to inspire your team and build resilience.
- Capture the attention of your future workers, residents, and clients by telling your unique story.

10:15 – 10:45 a.m.

Vendor Displays and Connection Break

*Welcome and Opening
Keynote sponsored by*



Nick Westergaard

*Nick Westergaard is an author, educator, and speaker. As a businessperson he has built standout brands at organizations of all sizes, and his keynote presentations help those struggling to stand out in our crowded, distracted world. He's the author of the books *Brand Now* and *Get Scrappy*, a contributor to the *Harvard Business Review*, host of the popular *On Brand* podcast, and a TEDx speaker coach.*

Schedule of Events Wednesday, Aug. 16 cont'd.

10:45 – 11:45 a.m.

GENERAL SESSION

Minnesota Department of Health Assisted Living Update

General Session
sponsored by



- Identify policy changes from the 2023 Legislative Session that impact assisted living providers.
- Review recent assisted living licensure survey trends.
- Understand the latest OHFC report trends so you can avoid citations and maintain compliance.

Daphne Ponds, Executive Operations Manager, and Amy Hyers, Evaluations Regional Operations Manager, Minnesota Department of Health, St. Paul

11:45 a.m. – 12:45 p.m.

Networking Lunch

12:45 – 1:45 p.m.

CONCURRENT SESSIONS

Session #1 – Fair Housing and Landlord-Tenant Laws

- Review Minnesota's fair housing and landlord-tenant laws.
- Describe how they apply to assisted living providers.
- Discuss the responsibilities and obligations of landlords and tenants.

Michelle Klegon, Attorney, Klegon Law Office Ltd, Minneapolis

Session #2 – Cultural Considerations for Providing Person-Centered Care

- Define what it means to have a culturally competent organization.
- Understand cultural competence requirements in assisted living settings.
- Discuss strategies to infuse cultural planning in areas such as communications, activities, dietary, and values/beliefs.

Dr. Vera Ndumbe, LALD, LSW, BSW, MS, Ed.D, Diversity, Eduity, and Inclusion Consultant, Rochester and Bobbie Guidry Vice President of Assisted Living, Housing, and Adult Day Services, LeadingAge Minnesota, Minneapolis

Session #3 – Hazard Vulnerability Assessments for Dementia Care

- Review the requirements for assisted living settings with dementia care related to emergency planning.
- Describe the type of hazards that should be assessed in the HVA.
- Discuss mitigation strategies for identified hazards and correct process documentation.

Bob Dehler, P.E., Program Manager | Engineering Services Section, and Tim Hanna, Engineering Specialist Senior, Minnesota Department of Health, St. Paul

Schedule of Events Wednesday, Aug. 16 *cont'd.*

1:45 – 2:15 p.m.

Vendor Displays and Connection Break

2:15 – 3:15 p.m.

CONCURRENT SESSIONS

Session #4 – Transitions, Terminations, and Relocations

- Understand the importance of the Uniform Disclosure of Assisted Living Services and Amenities (UDULSA) in discharge planning at admission.
- Recognize your settings obligations regarding discharge, relocation, and transition planning.
- Discuss challenging transition situations and explore possible approaches to avoid litigation.

Shelli Bakken, LSW, LALD, Director of Housing Operations & Customer Experience, Walker Methodist, Minnetonka; Greg Larson, Partner, and Krisitn Stock, Associate, Lathrop GPM, Minneapolis

Session #5 – Emergency and Disaster Planning – The Revised Long-Term Care Toolkit

- Describe the core elements of an emergency preparedness plan and how to tailor the plan to your setting.
- Understand what surveyors are looking for in a plan and the compliance gaps they are finding.
- Identify tools and resources available to support assisted living providers with disaster planning and emergency preparedness.

Ashley Klipstein, LALD Consultant, and Jessica Kritzeck, LALD Consultant, Advanced Health Institute, Bloomington

Session #6 – You Can't Spell Healthcare Without "THC": Cannabis, Residents and Employees

- Understand recent changes in Minnesota state law and discuss legal implications for facilities and best practices in navigating them.
- Identify medical uses and side effects of cannabis, and evidence for cannabis in common conditions affecting older adults.
- Create a game plan to address challenges if some in your workforce use recreational cannabis.

Robert Rodé, Attorney/President, Voigt, Rodé, Boxeth & Coffin LLC, St. Paul

3:15 – 3:30 p.m.

Break

Schedule of Events Wednesday, Aug. 16 *cont'd.*

3:30 – 4:30 p.m.

CONCURRENT SESSIONS

Session #7 – Food Code Concerns, Requirements, and Resources for Assisted Living

- Understand the Minnesota Food Code and resources available to maintain compliance.
- Review the types of kitchen surveys, what to expect during survey, and how to prepare.
- Discuss recent assisted living licensure survey trends related to food code and how to avoid getting cited.

Angie Wheeler, Environmental Health Manager, Minnesota Department of Health, St. Paul, and Dawn Nickleson, CDM, CFPP, Pastry Chef, Owner, Passion for Dining and Nutrition, Cottage Grove

Session #8 – Performing an Effective Resident Assessment

- Review the requirements for resident assessments in assisted living settings.
- List the components of an assessment and best practices for completing one.
- Discuss case study examples and apply best practices.

Lois Jo. Bittner, RN, LALD, Assisted Living Quality Director and Joni Menk, LPN, ALDIR Assisted Living Director, St. Francis Health Services of Morris

Session #9 – EW and CADI Waiver Processes and Updates

- Understand how the new Elderly Waiver funding passed during the 2023 Legislative Session will be implemented.
- Review reimbursement policies including case mix, service authorizations, and HCBS Provider Revalidation.
- Identify the limitations and exceptions related to Disability Waivers and changes to the CADI waiver program.

Julie Dietz, Director of Assisted Living Consulting Services, Senior Care Solutions Inc., Stillwater

4:30 p.m.

Adjourn for the Day

4:45 p.m.

Happy Hour sponsored by




Passion for Dining and Nutrition

Join us at Embassy Suites Lounge/Bar for happy hour! LeadingAge Minnesota invites all participants to stay a while longer and network. The first drink is on us. We look forward to connecting with you!

Happy Hour!

Schedule of Events Thursday, Aug. 17

7:30 – 8:30 a.m.

Registration and Continental Breakfast sponsored by  **radius living Rx**

8:30 – 9:30 a.m.

CONCURRENT SESSIONS

Session #10 – Licensed Assisted Living Directors MN-BELTSS Updates

- Hear updates on the MN-BELTSS website, licensure requirements, and important deadlines.
- Review insights gained from the first round of Assisted Living Director License renewals.
- Participate in a robust question and answer session related to Assisted Living Director Licensure.

Steve Jobe, Executive Director, and Rebecca Bollig, Director of Assisted Living and Education, Board of Executives for Long-Term Services and Supports (BELTSS), St. Paul

Session #11 – Finding Your Pricing Sweet Spot

- Identify who should be setting rates at your organization.
- Describe what factors to consider when setting pricing.
- Discuss best practices for competitive price setting in the current economy.

Melissa Kirchhoff, Principal Consultant, Adept Senior Living Solutions, St. Paul

9:30 – 9:45 a.m.

Break

9:45 – 10:45 a.m.

CONCURRENT SESSIONS

Session #12 – Resident Supports for Decision Making

- Recognize situations in which residents might need supports for decision making and planning.
- Identify planning tools available to residents and their caregivers to meet resident needs today and in the future.
- Compare and contrast Supported Decision Making, Durable Power of Attorney, and other support arrangements.

Anita Raymond, LISW, CMC, Program Director, CESDM and Care Management & Consultation, Volunteers of America of Minnesota and Wisconsin, Minneapolis

Session #13 – Minnesota's Assisted Living Quality of Life Surveys and Report Card Updates

- Understand the status of the statewide resident and family surveys.
- Review additional measures that might be included in report card scores.
- Discuss implications of a fully established report card on consumer behavior and potential rate effects.

Lauren Glass, HCBS Quality Improvement Consultant, Department of Human Services, St. Paul

Schedule of Events Thursday, Aug. 17 cont'd.

9:45 – 10:45 a.m.


CONCURRENT SESSIONS *cont'd.*

Session #14 – Electronic Monitoring – Resident Rights and Facility Requirements

- Review the legal requirements for the use of electronic monitoring in resident rooms.
- Understand resident consent procedures for use of monitoring devices.
- Discuss best practices for facility's involvement in assisting with resident devices.

Rebecca Coffin, Attorney, Voigt, Rodè, Boxeth & Coffin LLC, St. Paul

10:45 a.m. – 11:15 a.m.

Vendor Displays and Connection Break *sponsored by*  **radius living Rx**

11:15 a.m. – 12:15 p.m.

CONCURRENT SESSIONS

Session #15 – Behavioral Health Approaches to Health Care

- Identify common types of behavioral health challenges in long-term care.
- Contrast behavioral health issues that need medication versus behavioral interventions.
- Discuss best practices for developing a mental health care plan.

Cori Baker, LSW, LALD, Vice President of Operations, River Oaks at Watertown

Session #16 – End of Life Care in Assisted Living – Partnering with Formal and Informal Supports

- Understand the end-of-life process including hospice, spiritual, and other supportive care.
- Identify best practices for partnering with hospice or other organizations for end of life care.
- Discuss the role of informal supports such as family, friends, or unfriended elders programs.

Lores Vlaminck, Clinical Consultant, Lores Consulting LLC, Rochester


Session #17 – Communicating and Engaging with Resident Families

- Understand the value and requirements of good resident and family communication.
- Describe how to develop an effective Resident and Family Council.
- Identify best practices for facilitating support groups.

Emma Shepard, Self-Advocacy Specialist, and Tammy Hollingsworth, Self-Advocacy Specialist, Office of Ombudsman for Long-Term Care, Minnesota Department of Human Services, St. Paul

Schedule of Events Thursday, Aug. 17 cont'd.

12:15 – 1:15 p.m.

Lunch and Connection sponsored by  **radius living** Rx

1:15 – 2:15 p.m.

CONCURRENT SESSIONS

Session #18 – Preparing a Survey Citation Correction Plan

- Understand the process of creating a survey citation correction plan.
- Learn how to analyze statements of deficiencies and use that information to create successful plans of correction.
- Discuss best practices for implementing your correction plan.

Dr. Kari Everson, RN, LNHA, LALD, Vice President of Clinical Services, LeadingAge Minnesota, Minneapolis and President, Euvoia Senior Care Consulting, Woodbury

Session #19 – Creating a Culture of Safety and Continuous Quality Improvement

- Identify improvement opportunities to strengthen your culture of safety.
- Discuss how to create safety partnerships with providers, caregivers, seniors, and their families.
- Take home strategies and tools to create a learning and improvement culture in your organization.

Julie Apold, Vice President of Quality & Performance Excellence, LeadingAge Minnesota, Minneapolis; and Jesse Noska, RN, LALD, Director of Clinical Quality, Progressive Care, Grand Rapids

Session #20 – Suicide Prevention in Long-Term Care Residents

- Identify risk-factors for suicide unique to older adults living in long-term care settings.
- Describe warning signs that may indicate suicide risk.
- Discuss prevention strategies to decrease risk of death by suicide for your residents.

Dr. Merrie Kaas, PhD, MSN, Professor, University of Minnesota, Minneapolis

2:15 – 2:45 p.m.

Vendor Displays and Connection Break sponsored by  **radius living** Rx

2:45 – 3:45 p.m.

CONCURRENT SESSIONS

Session #21 – Behavioral Monitoring Program for Dementia Intervention Decision Making

- Describe effective behavioral monitoring for informed intervention decisions for residents with dementia.
- Identify behavioral data that supports medication versus non-pharmacological interventions.
- Discuss the types and benefits of non-pharmacological approaches to care.

Dr. Robert Sonntag, MD, CMD, HMDC, Geriatrician, Guardian Angels Care Center, Elk River

Schedule of Events Thursday, Aug. 17 *cont'd.*

2:45 – 3:45 p.m.

CONCURRENT SESSIONS *cont'd.*

Session #22 – Staffing Levels in Assisted Living

- Identify factors to consider when determining appropriate staffing levels for your setting.
- Apply staffing level question tool to case study example.
- Discuss best practices and trends in workforce staffing for long-term care.

Dr. Kari Everson, RN, LNHA, LALD, Vice President of Clinical Services, LeadingAge Minnesota, Minneapolis and President, Euvoia Senior Care Consulting, Woodbury

Session #23 – Minnesota Adult Abuse Reporting Center – When to Make a Report

- Identify signs of maltreatment in long-term care residents.
- Review the reporting process and best practices.
- Discuss potential solutions or outcomes in the reporting process.

Speaker to be announced

3:45 p.m.

Conference Adjourns

Need CEUs?

Visit our [store](#) and earn CEUs by watching our on-demand Assisted Living continuing education webinars.



General Information and Registration

LOCATION

Heritage Center of Brooklyn Center
6155 Earle Brown Drive
Brooklyn Center, MN 55430



FREE PARKING



ACCOMMODATIONS

Embassy Suites Minneapolis-North (attached to the Heritage Center). Sleeping room block is held under "LeadingAge Minnesota" for the evenings of Aug. 15 and 16, 2023. Rate: \$179 per night includes cooked to order breakfast and evening reception. Call 763.560.2700 or book online at <https://tinyurl.com/2vkhybf9>. Room block expires July 27, 2023. Cancellation deadline is 48 hours prior to arrival.

REGISTRATION FEES

	Early Bird Rate On or Before July 15	Regular Rate July 16 or Later	The full conference registration may not be shared; each attendee must register individually and pay a registration fee.
LeadingAge Minnesota Members	\$345	\$395	
Prospective Members	\$495	\$545	



Registration includes breakfast buffet, morning refreshments, lunch buffet, and afternoon refreshments.

REGISTER HERE

Prospective members contact education@leadingagemn.org for registration assistance.

CUT-OFF/CANCELLATION

Register or cancel by Aug. 11, 2023. All cancellations must be made in writing and are subject to a \$25 processing fee. No refund for no-shows, but substitutions for the full conference are welcome. LeadingAge Minnesota reserves the right to cancel this conference or any individual sessions.

Assumption of Risk and Safety Protocols

By voluntarily attending this event, participants acknowledge that they understand and assume all personal risks relating to COVID-19 exposure and any resulting injury, illness, damage, loss, claim, liability, or expense, of any kind, that they may experience or incur in connection with their attendance.

LeadingAge Minnesota will follow the health and safety practices mandated by the Heritage Center, or by applicable federal, state, and local authorities, whichever requires the most protection. Those practices and others will be determined close to the date of the event and may become more or less strict between registration and the event.

CONTINUING EDUCATION CREDITS

Minnesota Board of Executives for Long Term Services and Supports (MN-BELTSS)

The educational programming at this conference has been approved for a maximum of 10 clock hours for Minnesota licensed assisted living directors and licensed nursing home administrators.

Minnesota Board of Nursing

Programming has been designed to meet the continuing education approval of the Minnesota Board of Nursing for a maximum of 10 contact hours.

Minnesota Board of Social Work

LeadingAge Minnesota is an approved provider of continuing education.

General CEUs

General certificates of attendance will be available.

Handouts

Participants will receive links to electronic handouts in the conference app before the event and are encouraged to print them in advance or download to view on a laptop or tablet.

FOR FURTHER INFORMATION

Contact education@leadingagemn.org for assistance or if your registration has not been confirmed.