

# 2025 Nurse Lunch and Learn Webinars

Sept. 24 • Oct. 29 • Nov. 19

## PURPOSE

Nurse Lunch and Learn webinars offer quick, focused sessions for nurse teams, emphasizing staff and direct care nurses. Each virtual webinar begins with a brief presentation on key topics, followed by a small group exercise for hands-on application of the learning outcomes. Tailored for busy schedules, it promotes interactive participation, community building, and practical skill application among nurses, contributing to ongoing professional development and improved resident care.

## SCHEDULE

*All sessions are from Noon - 12:45 p.m.*

### Wednesday, Sept. 24

#### **Suicide Awareness for Residents and Staff**

- Identify risk factors, warning signs, and protective factors for suicide in older adults and healthcare staff.
- Describe appropriate screening and documentation strategies for suicide risk in long-term care settings.
- Explain the nurse's role in early intervention, support, and referral to mental health resources for residents and staff.

### Wednesday, Oct. 29

#### **Respectful Conversations with Staff and Families/Stakeholders**

- Define the principles of respectful communication, including empathy, active listening, and cultural sensitivity.
- Demonstrate effective strategies for navigating difficult or emotionally charged conversations with families, residents, and coworkers.

### Wednesday, Nov. 19

#### **Alcohol Consumption in Assisted Living and Nursing Homes: Resident Rights and Clinical Considerations**

- Identify the risks, benefits, and potential clinical complications of alcohol consumption in older adults with chronic conditions or polypharmacy.
- Discuss approaches for balancing safety with autonomy when developing care plans or service agreements that include alcohol use.
- Explain the nurse's role in assessment, documentation, and family communication related to alcohol use in long-term care settings.



## SUGGESTED AUDIENCE

Directors of Nursing, Associate Directors of Nursing, Nurse Managers, and Floor Nurses in both care center and assisted living settings.

## PRESENTER

Dr. Kari Everson, RN, LNHA, LALD, Vice President of Clinical Services, LeadingAge Minnesota, Minneapolis and President, Evercare Aging Services Consulting, St. Paul

## CONFERENCE REGISTRATION FEES

**LeadingAge Minnesota Members – Complimentary Member Benefit**

**Prospective Members – Members Only**

**REGISTER HERE**

## CUT-OFF/CANCELLATION

Registration cut-off date/cancellation deadline is two business days prior to the live event date. LeadingAge Minnesota reserves the right to cancel these webinars.

### CEUs

*Eligible for 0.75  
clock hours per webinar*

The Nurse Lunch and Learn webinars have been designed to meet the continuing education approval of the Minnesota Board of Nursing.

Participants may also request a general certificate of attendance.

CEUs are earned only for the individual registered.

## For Further Information

Olivia Scott, Events and Education Coordinator, at [oscott@LeadingAgeMN.org](mailto:oscott@LeadingAgeMN.org) or 651.603.3559 for assistance or if your registration has not been confirmed.