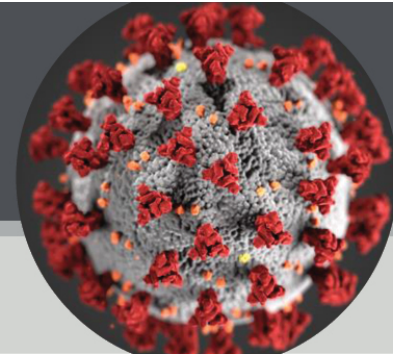


Information & Resources

CORONAVIRUS (COVID-19)

LeadingAge[®]
Minnesota



Finding Hope in the Time of COVID-19 – Building Resilience Through Spirituality
Thursday, May 7 – 10 – 11 a.m.

Purpose

This webinar is designed to assist learners in thinking more critically about the role of spirituality in building resilience, as well as learn strategies to better assess and respond to spiritual needs in themselves, their colleagues, and residents.

Objectives:

- Understand and explain the difference between spirituality, faith and religion.
- Describe the role of spirituality in cultivating resilience to maintain health and well-being in challenging times.
- Identify elements of spiritual assessment and utilize them in multidisciplinary care planning and service delivery in a variety of settings.
- Implement person-centered strategies to provide care and services when there are differences in spiritual beliefs.

Presenter:

Rev. Leah Challberg, MSW, LGSW. Clinical Social Worker & Co-Lead Pastor at Northeast UMC, Minneapolis

Suggested audience:

In assisted living and care center settings:

- Activity/Therapeutic Recreation staff
- Resident Services Coordinators
- Social Workers
- Spiritual Care
- Other interested staff

Registration

There is no cost to participate in this LeadingAge Minnesota webinar. It is a benefit of membership. Please [click here](#) to register to participate.

After registering, you will receive a confirmation email containing information about joining the webinar. A handout will also be provided. CEUs are not available for this webinar.

Questions: Contact Ashley Rogers arogers@leadingagemn.org.