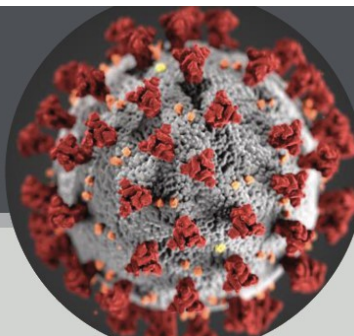


Information & Resources

# CORONAVIRUS (COVID-19)

LeadingAge®  
Minnesota



## **Adult Day Services – FAQ from HUDDLE 09/23/2021**

### ***If one staff or participant tests positive, does everyone need to be tested?***

If a participant in the program tests positive, encouraging a test at day 2 and again somewhere between days 5-7 is a good practice. The participant who tested positive should quarantine for 10 days and may return to the program if they are symptom free or symptoms have improved AND have been fever free without using fever reducing medications for 24 hours prior to their return.

### ***If an individual client is vaccinated and exposed to someone who tests positive do they need to quarantine if they test negative?***

Fully-vaccinated participants who have been exposed to someone who tests positive do not need to quarantine following that exposure; however, they should be encouraged to test on day 2 after exposure and somewhere between days 5-7. Those who have experienced an exposure should wear a source control mask during the 14-days following exposure.

### ***What are next steps in general that a provider should follow when there is an exposure? What if everyone is fully vaccinated?***

If there has been an exposure in the program, you would want to notify all participant's responsible parties and encourage testing as described in the two questions above. If the participant is vaccinated, they do not require a quarantine period; however, they should wear a source control mask while participating in the adult day services program. Those who are not vaccinated should be quarantined for 14-days following an exposure. An exposure is defined as being within 6 feet of someone who tested positive for COVID-19 for a total of 15 minutes in a 24 hour period of time.

### ***How should providers handle cold and flu like symptoms?***

Anyone who experiences cold and flu like symptoms – which are consistent with most COVID-19 symptoms should ask the participant to isolate for 10 days and obtain a COVID-19 test. If the test is negative, the participant could be educated to see their primary care physician to determine if there is another definitive diagnosis other than COVID-19. If there is, you would treat return to the program based upon the recommendations for that illness. If there is not a different diagnosis, the participant should quarantine for 10-days and follow the return to program guidelines described above.

### ***How many days should vaccinated clients and staff quarantine if testing positive or exposed?***

*Note: Information used to develop this resource guide are up-to-date as of September 23, 2021. As COVID-19 continues to evolve, this information is subject to change.*

Vaccinated clients and staff do not require a quarantine after exposure unless they test positive. Staff and participants should be tested after an exposure at day 2 and again between days 5-7.

Vaccinated participants and staff who test positive are required to adhere to the isolation guidelines for anyone who tests positive for COVID-19. That is a 10-day isolation and the participant or staff member is able to return to the program if they have no fever without using fever reducing medications 24 hours before returning and symptoms are gone or improving prior to their return.

***How many days should unvaccinated clients and staff quarantine if testing positive or exposed?***

Unvaccinated participants and staff should quarantine for 14-days following an exposure to someone who is positive for COVID-19. Unvaccinated participants who test positive for COVID-19 are required to adhere to the isolation guidelines for anyone who tests positive for COVID-19. That is a 10-day isolation and the participant or staff member is able to return to the program if they have no fever without using fever reducing medications 24 hours before returning and symptoms are gone or improving prior to their return.

***Regarding outings, is it safe to go indoors with masks?***

Information available on outings tells us that both vaccinated and unvaccinated participants can go on outings and return without a quarantine period.

*Note: Information used to develop this resource guide are up-to-date as of September 23, 2021. As COVID-19 continues to evolve, this information is subject to change.*