STAY SOCIAL & ACTIVE DURING COVID-19

1:1 Activities
- Manicures/Pedicures
- Setting/Curling Hair
- Craft Time
- Supported Bike Rides
- Walk and Talk
- Playing Games
- Reading

Safe, Socially-Distanced Activities
(inside and/or outside)
- Book Club
- Bible Study
- Craft Time
- Exercise Class
- Chair Yoga
- Wellness Class
- Movies
- Online Travel Programs
- Online Educational Programming
- Music Therapy
- Gardening
- Stroll and Share
- Resident Sharing and Reminiscing
- Medallion Hunt

Hallway Activities
- Bingo
- Sing-alongs
- Trivia
- Social Hour with Treats

share ideas with us covidideas@leadingagemn.org