



## STAY SOCIAL & ACTIVE DURING COVID-19

### 1:1 Activities

Manicures/Pedicures  
Setting/Curling Hair  
Craft Time  
Supported Bike Rides  
Walk and Talk  
Playing Games  
Reading

### Hallway Activities

Bingo  
Sing-alongs  
Trivia  
Social Hour with Treats

### Safe, Socially-Distanced Activities

*(inside and/or outside)*

Book Club  
Bible Study  
Craft Time  
Exercise Class  
Chair Yoga  
Wellness Class  
Movies  
Online Travel Programs  
Online Educational Programming  
Music Therapy  
Gardening  
Stroll and Share  
Resident Sharing and Reminiscing  
Medallion Hunt