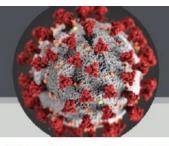
## Information & Resources

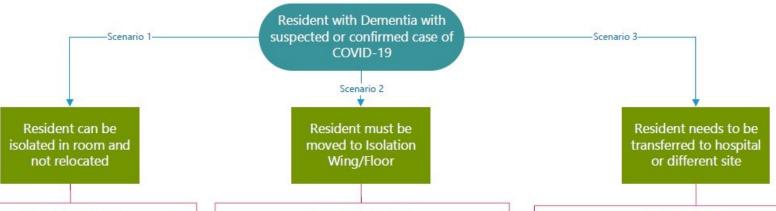
## CORONAVIRUS



LeadingA**ge**\* Minnesota

(COVID-19)

# COVID-19 Positive Case Considerations for Residents with Dementia



#### Considerations:

- Keep familiar routine for resident.
- Inform family members about how you will be handling care.
- Provide family with regular updates on resident's condition.
- Facilitate virtual communication between resident and family.

#### **Considerations:**

- If resident has a guardian, or responsible party, consult with them before any move decision.
- Alert new staff to resident's specific needs and preferences. {Know Me Worksheet}
- Take steps to make a calm transition for the resident: physically and emotionally.
- Inform family members about how you will be handling care.
- Provide family with regular updates on resident's condition.
- Facilitate virtual communication between resident and family.

#### Considerations:

- If resident has a guardian, or responsible party, consult with them before any move decision.
- Consult resident's advanced care directive before transfer decision.
- Alert EMS personnel to actions to help make a calm transition for the resident: physically and emotionally.
- Provide resident needs & preferences information to hospital staff. (Know Me Worksheet)
- Provide Advanced Care Directive information to EMS & Hospital staff.
- Inform family members about how you will keep track of resident's progress and discuss transition back to your organization after recovery.

Updated: April 8, 2020 LeadingAge Minnesota

### **COVID-19 DEMENTIA CARE STRATEGIES & TIPS**

| Non-Covid+ Dementia Care<br>Resident's Characteristics  | Strategies & Tips to Keep Engaged During Social Distancing & Stay-in-<br>room restrictions  | Things Family & Loved Ones Can Do Instead of Visiting   |
|---|---|---|
| Active, not able to stay in room.  Able to stay in room and self-   | <ul> <li>Provide facemask.</li> <li>Keep family informed of activities that the resident can still participate in.</li> <li>Attempt to find space for movement – provide cueing for social distancing.</li> <li>If equipment is available, try virtual reality entertainment.</li> <li>More frequent check-ins by staff just to say Hi.</li> </ul>  | <ul> <li>Call by phone or video chat.</li> <li>Send letters and emails.</li> <li>Provide tools for staff that may engage resident.</li> <li>Send "Care Packages" with family photos, favorite treats, puzzle books, etc.</li> <li>Assist in compiling memory or rummaging boxes in areas of interest.</li> <li>Assist staff in planning best activities and tools for their family member.</li> <li>Send or drop off a DVD player with favorite movies. Or, a CD player with favorite music.</li> </ul> |
| Able to stay in room with activity  | <ul> <li>Aroma therapy.</li> <li>Calming music.</li> <li>If equipment is available, try virtual reality entertainment.</li> <li>Determine individual activities and attention span.</li> </ul>  |   |
| provided, but needs assistance to initiate  | <ul> <li>Provide or initiate activity such as "memory box", video/TV showof interest, folding clothes, drawing, etc.</li> <li>Check back and initiate new activity based on attention span.</li> <li>If equipment is available, try virtual reality entertainment.</li> </ul>   |   |
| Easily agitated by changes in routines  | <ul><li>Aroma therapy.</li><li>Calming music.</li><li>Robotic pets.</li></ul>   | Schedule a regular time with staff to call or video chat with your loved one.   |
| Used to daily contact with family/Loved Ones  | <ul> <li>Virtual pets if of interest.</li> <li>Photo books of family.</li> <li>Virtual family visits on facetime, skype, IN2L, phone.</li> <li>Provide one-on-one activities.</li> <li>Ask families what residents most enjoy during their visits and try to replicate.</li> <li>Provide treats and snacks.</li> </ul>  | <ul> <li>Send "Care Packages" with family photos, favorite treats, puzzle books, etc.</li> <li>Record voice message that can be played by staff for resident.</li> <li>Create short video saying Hi, Good Morning, or Good Night that can be played.</li> </ul>   |
| Needs calming in evening  | <ul> <li>Favorite movies or TV programs.</li> <li>Radio shows.</li> <li>Call/Video chat with family.</li> </ul>   | Record a Good Night message that can be played by staff.  |
| Tips for Dementia Caregivers in Long-Term or Community-Based Settings (Alzheimer's Association)     Emergency Preparedness:     Caring for persons living with dementia in a long-term or community-based setting (Alzheimer's Association) | <ul> <li>Get to Know Me worksheet for new or temporary staff to understand the person, their interests, and level of ability.</li> <li>Minnesota Historical Society tools</li> <li>Create-a-memory-tree</li> <li>Create-a-memory-box</li> <li>My-house-of-memories-app</li> <li>Virtual museum tools</li> <li>The Louvre and Musee d'Orsay in Paris</li> <li>The British Museum in London</li> <li>The Rijksmuseum in Amsterdam</li> <li>The Guggenheim in New York</li> <li>The Vatican and its Sistine Chapel in Rome</li> <li>Google Arts &amp; Culture: 500 virtual museum tours</li> </ul> | <ul> <li>Record voice message that can be played by staff for resident.</li> <li>Create short video saying Hi, Good Morning, or Good Night that can be played.</li> <li>Assist in completing a "Get to Know Me" sheet or poster for the resident's room.</li> </ul>   |