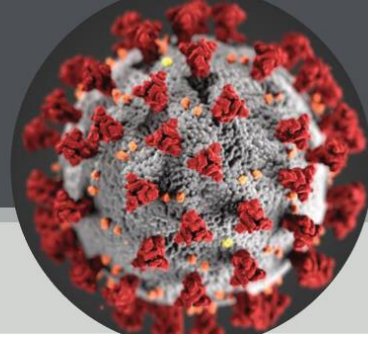


CORONAVIRUS

(COVID-19)



The COVID-19 pandemic has made advance care planning increasingly vital, particularly for the high-risk population we serve. There are many conversations and much work taking place to ensure our health care system can meet the needs of those who may require care. However, we may need to help prepare people for conversations about how individuals are planning for decisions that they may need to make if they are stricken by this virus.

The virus, combined with people who may have pre-existing conditions, serious illnesses or otherwise, presents many unknowns for seniors and their families. Senior care providers may find themselves in the position to facilitate these conversations about residents' existing health issues and their end-of-life care wishes before situations become emergencies.

Physician Orders for Life-Sustaining Treatment (POLST) and Advance Care Planning have been a part of your regular care plans. But now, more than ever, you may find residents and families seeking information on end-of-life decisions. It is important to have systems and processes in place that support advance care dialogues, and then have those plans in an easily and actionable format to you and your staff team so resident wishes can be honored.

The following resources are being provided to help you facilitate this conversation if needed:

RESOURCE	OVERVIEW	ACCESS THE RESOURCE
COVID-19 Shared Decision-Making Tool	A checklist to guide conversations on end-of-life planning.	Download the Tool <i>Source: National Hospice & Palliative Care Organization</i>
Advance Care Planning Information Guide	An overview and key questions on Health Care Directives.	Download the Guide <i>Source: Honoring Choice</i>
Guide to Planning Your Health Care Directive	A guide to completing your health care directive.	Download the Guide <i>Source: Honoring Choice</i>
Advance Care Planning for Important Health Care Decisions	A tool to help individuals learn about options, implement plans and voice decisions including Minnesota's Advance Care Directive form.	Download the Guide <i>Source: National Hospice & Palliative Care Organization</i>
5 Wishes Talking About Your Wishes	Know the 5 most important things to talk about when it comes to advance care planning.	Download the Guide <i>Source: Five Wishes</i>