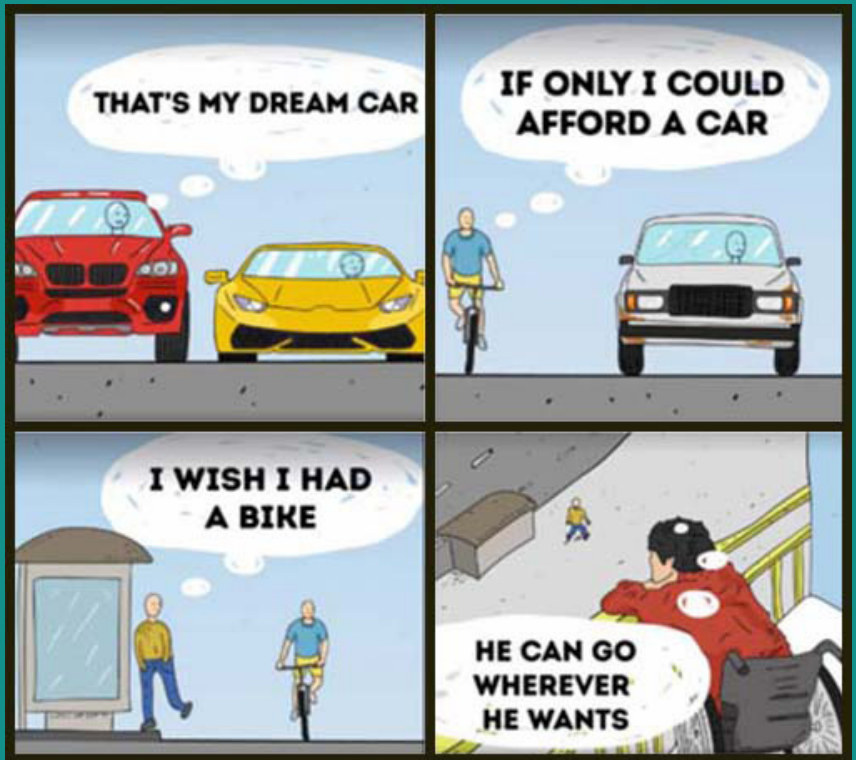




LIVING THE PLEDGE
Self Care for Safe Care

Chasing
Happiness



Stop saying *"I will be happy when..."*
and start saying
"I am happy now because..."

Happiness is Contagious – Pass It On!

