

FRIDAY, FEB. 11 • 9:45 - 11:15 a.m.

GENERAL SESSION & AWARDS

RESTORING MOMENTUM THROUGH STORY, LAUGHTER, AND COMMUNITY

As we close our Institute, let us reflect on the incredible journey of the last two years and the beauty and wisdom of those we serve.

Minnesota's famed storyteller Kevin Kling shares stories and reflections that help us begin to heal from the trauma of the pandemic. Al Baker, an Anishinaabe healer, once said, "One can survive anything with a sense of humor and a sense of self." Stories give us both of these. When we can laugh at something, it can no longer control us.

And so it is with our calling to serve older adults and our shared experience of loss and triumph through these many long months. Both poignant and humorous, Kling shares stories that highlight the wisdom of elders from their own lived experiences with challenging times. They – and he – will leave us grateful, inspired, uplifted, and wiser.

Kevin Kling is a playwright and storyteller best known for his popular commentaries on National Public Radio's All Things Considered and his storytelling stage shows. Kling's autobiographical tales are as enchanting as they are true to life: hopping freight trains, getting hit by lightning, performing his banned play in Czechoslovakia, growing up in Minnesota, and eating things before knowing what they are. He has traveled extensively to speak on a variety of topics, including disability, resiliency, and diversity.



KEVIN KLING

| Professional Group | Sessions |
|---|---|
| Activities/Therapeutic Recreation | 901, 906 , 1001, 1002 |
| Adult Day Services | 901, 906 , 1001 |
| Assisted Living Director | 901, 904, 905, 906 , 1001, 1002, 1003, 1005 |
| Board Member | 901, 905, 1001 |
| Campus Director/Site Leader | 901, 903, 904, 905, 906 , 1001, 1002, 1003, 1004, 1005 |
| CEO/Administrator | 901, 903, 904, 905, 906 , 1001, 1002, 1003, 1004, 1005 |
| Dietary/Nutrition/Culinary | 901, 1001 |
| Finance/Business Office | 901, 1001 |
| Fund Development | 901, 1001 |
| Home Care | 901, 1001 |
| Housing Director <i>(Independent living)</i> | 901, 1001 |
| Human Resources/ Talent Director | 901, 905, 1001, 1005 |

| Professional Group | Sessions |
|--|---|
| Maintenance/ Environmental Services/ Engineers | 901, 904, 1001, 1005 |
| Marketing and Sales | 901, 1001 |
| Medical Records/Health Information Technology | 901, 1001 |
| Nursing/Clinical Services | 901, 902, 903, 906 , 1001, 1002, 1003, 1004, 1006 |
| Physical/Rehab Therapy | 901, 906 , 1001 |
| QA/QI Staff | 901, 902, 1001, 1002 |
| Social Work | 901 \diamond , 903, 906 , 1001 \diamond , 1002, 1004 |
| Spiritual/Pastoral Care | 901, 1001 |
| Staff Development | 901, 1001, 1006 |
| Technology | 901, 1001 |

C = Canceled

\diamond Meets the diversity, equity, and inclusion requirements for MN licensed social workers



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IN-PERSON SESSION SCHEDULE

TRACKS FOR SESSIONS

- AL – Assisted Living
- ADS – Adult Day Services
- CC – Care Centers
- HCBS – Home- and Community-Based Services
- SH – Independent Senior Housing

FRIDAY, FEBRUARY 11

8:30 – 9:30 a.m.

SUNRISE CONCURRENT SESSIONS

901 – Communicating Across Styles – Everyday Inclusion in the Workplace (All Settings)

- Understand the role your behavioral style plays in how you communicate with others and how it can support, or work against an inclusive organizational culture.
- Identify your own behavioral style and strengths so that you know how and when to adapt behavior to improve communication and reduce potential conflicts with others.
- Enrich your relationships with residents and colleagues to improve satisfaction and enhance team performance.

Amy S. Tolbert, PhD, CSP, Principal, ECCO International, St. Paul

902 – The Four Moments of Antibiotic Safety (AL, CC)

- Recognize technical and adaptive changes needed to implement and sustain a successful antibiotic stewardship program.
- Identify the four moments of antibiotic decision making.
- Identify evidence-based tools and resources to enhance your antibiotic stewardship program.

Kristi Wergin, Quality Improvement Advisor, Stratis Health/Superior Health Quality Alliance, Bloomington; and Kathie Nichols, Quality Improvement Advisor, Stratis Health, Bloomington

903 – The Artifacts of Culture Change: A Tool to Reignite Your Culture Change Journey (CC)

- Revisit the core concepts of Culture Change and become familiar with the Artifacts of Culture Change tool that was developed for CMS to help support quality of life for community residents.
- Explore how this tool can be used to help reignite person-centered culture change efforts in your community by incorporating it into the QAPI process.
- Know how to use the Artifacts of Culture Change Tool to gather and analyze data, identify opportunities, and develop action plans to drive performance improvement.

Joan Devine, Director of Education and Certified Eden Educator and Mentor, Pioneer Network, Weldon Spring, N.Y.

904 – Emergency Preparedness Requirements for Assisted Living (AL)

- Review the new requirements that incorporate federal preparedness standards, which take an “all hazards” approach, to ensure adequate planning for both natural and man-made disasters.
- Describe the core elements of an emergency operations plan and the process for developing a plan that is tailored to your setting.
- Gain important insights about what surveyors are looking for in emergency preparedness plans and what compliance gaps they are finding.
- Identify tools and resources available to support assisted living providers with disaster planning and emergency preparedness.

Jonathan Lips, Vice President of Legal and Regulatory Affairs, LeadingAge Minnesota, St. Paul

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FRIDAY, FEBRUARY 11, *cont'd.*

8:30 – 9:30 a.m.

SUNRISE CONCURRENT SESSIONS, *cont'd.*

905 – Navigating Employee Mandates and COVID-19 Retaliation Claims (AL, CC)

- Learn to understand, apply, and take appropriate employment action when implementing federal, state, or employer-initiated workforce mandates, particularly those relating to the COVID-19 vaccine.
- Examine strategies for applying any applicable ideological, religious, or medical exemptions permitted by federal, state, or employer-initiated workforce mandates.
- Identify scenarios presenting risks for retaliation claims and analyze strategies for minimizing or eliminating these risks when making management decisions.

Robert Rodè, Attorney/Partner, and Ryan Usher, Associate Attorney, Voigt, Rodè, Boxeth & Coffin LLC, St. Paul

906 – Vulnerable Adult Reporting: What to Do and When (AL, CC)

- Know how to identify all incidents that involve vulnerable adult investigation, and which pose an elevated risk to your organization.
- Understand the importance of good communication with residents and their family throughout the process to foster and maintain trust.

Lynn Fossen, VP of Strategic Solutions Consulting, Advanced Health Institute, Bloomington

9:30 – 9:45 a.m.

Connection Break

9:45 – 11:15 a.m.

General Session and Awards

(See page 10.)

11:15 – 11:30 a.m.

Connection Break

CANCELLED AND NOT RE-SCHEDULED TO THE VIRTUAL EVENT

IN-PERSON SESSION SCHEDULE

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FRIDAY, FEBRUARY 11, *cont'd.*

11:30 a.m. – 12:30 p.m.

CONCURRENT SESSIONS

1001 – Reversing the Ostrich Approach to Inclusion (All Settings)

- Analyze your “internal tape recorder” and the types of messages it is sending to your brain, which in turn shapes your thoughts.
- Become familiar with the Critical Conversations and the Continuum of Community Models that can be used to improve workplace communications.
- Understand your personal responsibility in creating an inclusive workplace so you can support your organization’s efforts to change its culture.

Amy S. Tolbert, PhD, CSP, Principal, ECCO International, St. Paul

1002 – Antipsychotic Medication Reduction: Getting Back on Track (AL, CC)

- Describe the dangers and risks associated with using antipsychotic medications to address dementia-related behavioral expressions.
- Identify strategies to reduce the use of antipsychotic medication.
- Examine case studies and formulate at least two “next steps” to reduce antipsychotic medication rates in your setting.

Kristi Wergin, Quality Improvement Advisor, Stratis Health/Superior Health Quality Alliance, Bloomington; and Kathie Nichols, Quality Improvement Advisor, Stratis Health, Bloomington

1003 – Effective and Positive Communication Strategies with Surveyors (AL, CC)

- Learn how to effectively communicate with surveyors conducting a survey, OHFC investigation, or possible violation of the Vulnerable Adults Act.
- Understand how to reduce the potential of regulatory citations during surveys based upon communication strategies utilized.
- Take home ideas and suggestions for having positive and respectful communications with surveyors.

Kari Everson, RN PHN BSN MSN MHA LNHA LALD, Vice President of Clinical Services @ Clinical Consultant, LeadingAge Minnesota, St. Paul and President/Consultant, Euvoia Senior Care Consulting LLC, Woodbury

1004 – What’s Old is New Again: Refocusing on High Risk Areas to Improve Safety and Quality (CC)

- Analyze recently cited survey tags beyond infection prevention and control for frequency, scope, and severity.
- Learn how to implement policies and procedures to safeguard against legal and regulatory risks.
- Identify core approaches that can be done proactively to identify gaps and actively manage high risk areas including accident/incident, pressure injury, CPR, abuse/neglect, and medication management.

Sue Boyd, Vice President of Clinical Services, Volunteers of America National Services, Eden Prairie; and Robert Rodè, Attorney/Partner, Voigt, Rodè, Boxeth @ Coffin LLC, St. Paul

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11:30 a.m. – 12:30 p.m.

CONCURRENT SESSIONS, *cont'd.*

1005 – Emergency Preparedness for Assisted Living – An Interactive Workshop (AL)

- Evaluate the various elements of your site's emergency preparedness plan and identify potential improvements.
- Take away practical information you can use to maintain compliance with this new requirement.

Jonathan Lips, Vice President of Legal and Regulatory Affairs, LeadingAge Minnesota, St. Paul

1006 – Basic Care Aides to Nursing Assistants: Training Effective Caregivers (CC)

- Learn how to seamlessly transition your Basic Care Aides into nursing assistants.
- Discover new tools and resources available to train nursing assistants.
- Understand how the nursing assistant program standard changes have created flexibility in training and testing requirements.

Jennifer Anderson, President and CEO, Mirabelle Management, Creators of EduCare, Plymouth

12:30 p.m.

Conference Adjourns

