

Tuesday, February 8

PRE-CONFERENCE INTENSIVE SESSIONS

SESSION A

Foundations of Quality Improvement Boot Camp

ABOUT THE WORKSHOP

This workshop provides the information, resources, and hands-on application of key quality improvement concepts, approaches, and tools to support and strengthen your quality improvement program.

Having a solid quality improvement program and approach impacts all aspects of your organization from meeting regulatory compliance, reducing costs, and maximizing value-based payments to improving resident satisfaction and care, and staff engagement and retention.

- Acquire the foundational knowledge necessary to effectively apply quality improvement principles and methods to opportunities for improvement in your organization.
- Participate in case studies and exercises to gain a deeper understanding of the concepts so you can apply that knowledge right away.
- Take home resources and tips to strengthen your organization's quality improvement program.

WORKSHOP AGENDA

Creating a Solid Quality Foundation

The 5-Step Quality Improvement Process: Identifying the Problem and Strong Solutions

- ◇ Step 1: Identify Problems/Barriers
 - Prioritization
- ◇ Step 2: Select Specific Problem
 - Identifying Contributing Factors and Root Causes – Deep Dive
 - Identifying Process Gaps (Process Mapping) – Deep Dive
- ◇ Step 3: Brainstorm Solutions
 - Effective Brainstorming
 - Strong Solutions
- ◇ Step 4: Select One Solution
 - Prioritizing Solutions
 - Creating a Project Plan
- ◇ Step 5: Testing Your Solutions
 - PDSA Cycles
 - Implementing Your Plan

Understanding, Sharing, and Using Data to Drive Decision-Making

Applying Your Data Knowledge to Case Studies

Summary and Wrap-Up

3:45 p.m. – 4:45 p.m.

Optional Session: Understanding Nursing Home Specific Measures and Reports

REGISTRATION FEES

LeadingAge Minnesota Members – **\$120** per person
Prospective Members – **\$160** per person
Registration includes lunch, refreshments, and handouts.

SCHEDULE

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| 9:30 a.m. | Registration |
| 10 a.m. – 3:45 p.m. | Program |
| 3:45 – 4:45 p.m. | Optional Session for Care Centers |

Presenters

Julie Apold, Vice President of Quality & Performance Excellence, LeadingAge Minnesota, St. Paul; Sandy Delgehausen, Regional Director of Clinical Support/Metrics, Cassia, Eagan; and Cyndi Siders, RN, MSN, DFASHRM, CPHRM, CPPS, CWCA, Executive Consultant, Risk Management and Patient Safety, Vaaler, Grand Forks, N.D