

Trillium Woods Resident Leadership Panel

November 14, 2018



Marcia Copeland spent 35 years with General Mills, Inc.; the last fifteen as Director of the Betty Crocker Kitchens. Her staff developed the Betty Crocker Cookbook series, completed the food preparation and styling for General Mills commercials, followed and reported on trends in food preparation and consumption, developed and tested directions and recipes for new and existing products.

Marcia believes in active aging and being engaged in life rather than watching from the sidelines.



James Ervin was an attorney in a private firm in Hartford, Connecticut and was its first managing partner. He served on several boards throughout his career including the Village for Families & Children, a 200+ year-old social service agency in Hartford; and Seabury Retirement Community, an independent full life plan community, including a term as president of the board.

Jim moved to Trillium Woods in July 2015 and served as the first president of its Resident Association and Resident Council from its organization in March 2016.



Rich Sachse served in the United States Marine Corp after graduating from college and became a Captain, serving his last year in Vietnam where he participated in the Tet Offensive. After the military, he then pursued a corporate career and served in an executive capacity in five corporations over a period of 40 years.

Rich is the unofficial welcome committee for Trillium Woods and leads a men's caregiver support group. He was honored by LeadingAge Minnesota with its 2018 Spirit of Aging Award.