



FOR IMMEDIATE RELEASE  
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**SANDY FORSBERG, LEAD HOMEMAKER AT CRYSTAL BROOK SENIOR LIVING,  
RECEIVES MAKE ZERO HARM POSSIBLE AWARD**

Saint Paul, MN (Dec. 4, 2019) – Sandy Forsberg, Lead Homemaker at Crystal Brook Senior Living in Park Rapids, received the Make Zero Harm Possible Award from LeadingAge Minnesota. The award recognizes staff in aging services settings who demonstrate their commitment to safe, quality care and treating the people they serve with respect and dignity – always.

“Sandy Forsberg is receiving this award because of her dedication to those she serves and her commitment to ensure a safe living environment for all who live and work Crystal Brook Senior Living. She makes prevention a core part of her work and is dedicated to ensuring that older adults who call Crystal Brook home experience respect, dignity and a high quality of life,” said Gayle Kvenvold, President and CEO, LeadingAge Minnesota.

As lead homemaker, Forsberg works diligently to keep Crystal Park Senior Living clean and safe. In addition, she transcends her traditional job description to provide excellent support to all she serves. She makes a point of asking whether there are any safety issues that need to be addressed at Crystal Brook Senior Living during daily huddles and can often be found spending time and getting to know residents.

“Sandy helps create an environment where older adults are proud to call home and give their families confidence and peace of mind in the care, services and support they receive at Crystal Brook Senior Living,” Kvenvold added.

The Make Zero Harm Possible award is one component of LeadingAge Minnesota’s [Safe Care for Seniors](#) initiative, a comprehensive safety and quality improvement program. The program is designed to strengthen the culture of safety, prevent the risk of harm before it occurs, and uncover new opportunities for learning and improvement in the delivery of care and services.

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**About LeadingAge Minnesota**

Driven to transform and enhance the experience of aging, LeadingAge Minnesota is the state’s largest association of organizations serving older adults. Together with more than 60,000 caregivers, our members provide quality, compassionate services and support to nearly 70,000 older adults every day in independent living, assisted living, adult day, and skilled nursing.