# **2010 Health Observances & Recognition Days**

Public Health Week (National)

Heimlich Maneuver Week (National)

Healthcare Volunteers Week (National)

Healthcare Administrative Professionals Week

Medical Laboratory Professionals Week (National)

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Patient Advocacy Week

Medical Fitness Week

Supportive Living Week

# January

5 – 11

11 – 14

11 – 17

18 – 24

18 – 24

18 – 24 19 – 25

26 – 30

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Month-Long ( 1 – 31	<u>Observances</u> Glaucoma Awareness Month
<u>Week-Long (</u> 17 – 23 17 – 23	Healthy Weight Week
February	
<u>Week-Long C</u> 1 – 5	
March	
<u>Month-Long (</u> 1 – 31 1 – 31 1 – 31	Kidney Month (National) Nutrition Month (National)
<u>Week-Long (</u> 7 – 13 7 – 13	Dental Assistants Recognition Week
<u>Recognition I</u> 23 30	<u>Days/Events</u> Diabetes Alert Day (American) Doctor's Day (National)
April	
<u>Month-Long (</u> 1 – 30 1 – 30 1 – 30 1 – 30 Week-Long (	Alcohol Awareness Month Foot Health Awareness Month Humor Month (National) Occupational Therapy Month (National)

# May

#### Month-Long Observances

- 1 31 Arthritis Awareness Month (National)
- 1 31 Better Hearing and Speech Month
- 1 31 Better Sleep Month
- 1 31 Health Vision Month
- 1 31 High Blood Pressure Education Month (National)
- 1 31 Older Americans Month
- 1 31 Osteoporosis Awareness and Prevention Month (National)
- 1 31 Stroke Awareness Month (National)

### Week-Long Observances

- 2 8 Occupational Safety & Health Week (North American)
- 6 12 Nurses Week (National)
- 9 15 Homes for the Aging Week
- 9 15 Hospital Week (National)
- 9 15 Nursing Home Week (National)
- 17 23 Medical Transcriptionist Week (National)

Recognition Days/Events
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- 12 Florence Nightingale's Birthday
- 26 Senior Health & Fitness Day (National)

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#### June

### Week-Long Observances

- 10 17 Nursing Assistants Week (National)
- 14 18 Health Care Risk Management Week
- 14 20 Men's Health Week (National)

### **Recognition Days/Events**

- 6 Cancer Survivors Day (National)
- 10 Career Nursing Assistant's Day (National)

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### July

### Week-Long Observances

- 2 9Nurses in Staff Development Week4 10Therapeutic Recreation Week (National)

# August

#### Month-Long Observances 1 – 31 Cataract Awareness Month

1 – 31 Psoriasis Awareness Month

### Week-Long Observances

8 – 14 Health Center Week (National)

#### Recognition Days/Events 23 Health Unit Coordinator Day

# September

## Month-Long Observances

- 1 30 Cholesterol Education Month (National)
- 1 30 Health Aging\* Month
- 1 30 Pain Awareness Month
- 1 30 Prostate Cancer Awareness Month
- 1 30 Prostate Health Month

### Week-Long Observances

- 12 18 Assisted Living Week (National)
- 12 18 Healthcare Environmental Services and Housekeeping Week (National)

### **Recognition Days/Events**

- 25 Family Health & Fitness Day
- 29 Women's Health & Fitness Day (National)

### October

### Month-Long Observances

- 1 31 Breast Cancer Awareness Month (National)
- 1 31 Chiropractic Month (National)
- 1 31 Dental Hygiene Month (National)
- 1 31 Pharmacists Month (American)
- 1 31 Physical Therapy Month (National)
- 1 31 Talk About Prescriptions Month

### Week-Long Observances

- 1 8 Gerontological Nurses Week
- 3 9 Healthcare Resource & Materials Management Week (National)
- 3 10 Hearing Aid Awareness Week
- 3 9 Mental Illness Awareness Week
- 4 10 Healthcare Food Service Workers Week
- 6 12 Physician Assistants Week
- 9 15 Pediatric Nurses Week
- 24 30 Pastoral Care Week (National)
- 31 Nov. 6 Medical Staff Services Awareness Week (National)

### **Recognition Days/Events**

- 7 Depression Screening Day® (National)
- 15 Mammography Day (National)

# November

### Month-Long Observances

- 1 30 Alzheimer's Disease Awareness Month (National)
- 1 30 Diabetes Month® (American)
- 1 30 Family Caregivers Month (National)
- 1 30 Home Care Month (National), Hospice Month (National), Home Care Aide Week

### Week-Long Observances

7 – 13 Health Information and Technology Week

<u>(</u>Nov. Cont'd)

- Recognition Days/Events
- 20 Family Volunteer Day