COVID Vaccine Ambassador Network
Check out the Ambassador Tools website

COVID-19 VACCINE FACTS

<table>
<thead>
<tr>
<th>Company</th>
<th>Type</th>
<th>Efficacy</th>
</tr>
</thead>
<tbody>
<tr>
<td>J&amp;J (1 shot)</td>
<td>Adenovirus</td>
<td>72% US; 66% worldwide</td>
</tr>
<tr>
<td>Pfizer (2 shots)</td>
<td>mRNA</td>
<td>95%</td>
</tr>
<tr>
<td>Moderna (2 shots)</td>
<td>mRNA</td>
<td>94.1%</td>
</tr>
</tbody>
</table>

COVID-19 vaccines are being held to the same safety standards as all vaccines.

- There are 4 clinical trial phases with very intense safety criteria to move to the next phase.
- FDA advises testing vaccines on a minimum of 3,000 study trial participants with no significant harmful side effects to move to Phase 4.
  - The COVID-19 vaccine phase 3 trials have had 30,000 to 50,000 participants.
  - Most adverse side effects occur within 6 weeks of vaccine administration;
  - FDA has required 8 weeks of safety monitoring for tracking side effects.
- Phase 4 involves continued monitoring and gathering of safety data by 2 different independent advisory committees who are experts and do not have any conflict of interest in the approval of the vaccine.

None of the COVID-19 vaccines use the live virus that causes COVID-19.

- There can be mild or moderate vaccine reactions for a day or so for a percentage of people who receive them.
- If you are trying to become pregnant now or want to get pregnant in the future, you may receive the COVID-19 vaccine when available to you.

Sources: Centers for Disease Control & Prevention, MayoClinicHealthSystem.org/COVID-19

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COVID Vaccine Ambassador Network

Check out the Ambassador Tools website

https://leadingagemncoaching.com/vaccine-hesitancy/

COVID Vaccine Ambassador Network

Your coworker might say

“I am worried about getting sick from the vaccine”

Your Responses

“These are important fears! Fortunately, we have learned that the vaccine is safe, people usually do not get ill (can expect a sore arm, some fatigue or other symptoms that basically subside in a day). We’ve learned that there is no impact on fertility. People of all races and cultures have taken it and have become immune. Can I give you some examples of people who were hesitant and decided to take the vaccine? Seeing others who also had fears that have been okay taking the vaccine might make you feel more comfortable.”

“I am worried about infertility”

“The COVID-19 vaccine is overall safe in pregnancy and with lactation. Research has shown no impact on fertility.”

“I am worried that the vaccine isn’t safe.”

“The COVID-19 vaccine trials have had 30,000 to 50,000 participants. The FDA advises using a minimum of 3,000 study trial participants, so the COVID-19 vaccine is well over the threshold for safety standards.”

“Doesn’t the COVID-19 vaccine alter my DNA?”

“The vaccines do not give you COVID-19, as none of them use the live virus. While your body is developing immunity, you may experience some mild to moderate side effects for a day or less, such as local injection pain, swelling, redness, fatigue, fevers, chills, muscle aches, nausea and vomiting. This is normal and means your body is responding well to the vaccine.”

“I’ve had COVID-19, so I have natural immunity and don’t need the vaccine.”

“No! The vaccine teaches your immune system how to recognize and fight the virus that causes COVID-19. It does not alter or impact DNA.

“Isn’t better for people to get COVID-19 and produce antibodies?”

“This is a bit confusing. The experts actually recommend that you receive a COVID-19 vaccination even if you have had COVID-19 because it is still unclear if you have any long-term immunity to re-infection.

“I’ve heard that stem cells from aborted babies were used to develop the vaccine.”

“No, it is better and less risk to get the vaccine. Vaccines allow you to build antibodies and immunity without suffering from the COVID-19 virus itself. Remember that COVID-19 can lead to serious long-term health problems and even death for people of all ages. It is not clear how long antibodies from having COVID-19 last, so at this time we do not know if this is an effective prevention.”

Your coworker might share a conspiracy theory, a rumor from social media, or a strong opinion that opposes the vaccine.

“You have strong opinions, and I am happy you feel comfortable talking with me. I hope we can continue to be open with each other. Sometimes people make a decision to vaccinate or not based on where they work. You’ll always have access to vaccines, and I am also always willing to connect with you, because you’re an important employee here.”

If the conversation has gone well

“Thanks again for talking about this. I hope you’re feeling more comfortable about talking about this or considering the vaccine. If that’s the case, I can show you options for getting vaccinated. If not, I’m happy to have another conversation down the road if you ever need to talk.”

If appropriate, provide vaccine clinic information or other options for getting the vaccine based on your organization’s practice. Remind them how to get in touch with you and/or how you’ll follow up later with them. Plan to follow up within a week.

If the conversation has been uncomfortable

If there is strong emotion, such as anger, worry, or stress, consider concluding the conversation by referring your colleague to another leader in your organization, such as the administrator or director of nursing.

“Thank you so much for talking with me and sharing what you did. Is there anything I can help you with right now or are you okay taking a break from the conversation?”

https://leadingagemncoaching.com/vaccine-hesitancy/ for more facts